

LEMON GROVE REVIEW

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Fifteen Cents



The DIMMER VIEW

by Max Goodwin



Cheers for Supervisor Hedgecock

We suppose that nearly everyone has had contact with government employees who have been arrogant, insolent, obstinate, should not let their disrespect show. Neither to the public who pays the bill (and it's hogwash when these people proclaim loudly "we pay taxes too"). Sure they do, with your money) nor to their superiors who are charged with seeing that the public gets a fair shake for their dough.

They are in the minority, but as public employees, they should not let their disrespect show. Neither to public who pays the bill (and it's hogwash when these people proclaim loudly "we pay taxes too"). Sure they do, with your money) nor to their superiors who are charged with seeing that the public gets a fair shake for their dough.

It was therefore with some approbation that I read County Supervisor Roger Hedgecock's reply to the Grand Jury who recently criticized an "unnamed" supervisor for "damaging the morale of county employees by treating them badly when they appeared before the Board."

Before I quote from Hedgecock's response, it should be said that some of this writer's most unpleasant encounters have been with government employees. However, my annoyance is not restricted to the county level. The irritation came from but a few but it is distributed through all governmental levels.

Earlier this month Hedgecock targeted on that bureaucratic minority "whose work is sloppy or, worse yet, represents the self-serving goals of career bureaucrats aimed at increasing their sphere of influence and protecting pet projects and avoiding change."

Then he gave examples of some events which upset him. Said Hedgecock:

"Recently the Board of Supervisors was asked to approve a number of leases for industrial use of county-owned land around Gillespie Field. In the course of presentation by staff I became concerned about the lack of detail on just how much profit the county could realize from the public investment—profit which would benefit all county programs by reducing reliance on tax sources of funding."

"Neither the agency head (yearly salary \$42,993), assistant agency head (yearly salary \$36,670), department head (yearly salary \$29,411), airport manager (yearly salary \$25,147), nor the lease specialist (yearly salary \$18,000) from the Department of Real Property could answer simple questions regarding these matters."

"Finally, the staff was forced to call upon John Gibson of the brokerage firm of Fletcher-Gibson who are under contract by the county to conduct the actual lease negotiations with potential private leases. Mr. Gibson was gracious enough to present the full facts of the matter to the Board of Supervisors at at subsequent hearing which fully answered my question and my desire to maximize the return to county government from the public funds invested."

"I believed at the time, and I still believe, the incomplete staff work from four top-ranking county employees (total salaries \$152,221 per year) deserves criticism. These people can and must do better in order to justify their value to the public," Hedgecock said.

"As another example, our Office of Program Evaluation completed in May a survey of Building Maintenance practices which uncovered numerous instances of inadequate supervision of Building Maintenance personnel including inadequate and incomplete records, missing tools, etc."

"In a conference in which the report was presented to the Board of Supervisors, 4 separate layers of administration were represented to explain the report but the line supervisors whose management inadequacies were being described were not even there."

"It was obvious to any observer that the layer upon layer of administration had effectively immunized the work supervisors from the Board of Supervisor's review of their performance and we were left in the absurd situation where a \$115,000 report was necessary to uncover this management problem."

"In another instance, the Board of Supervisors approved specifications for bids in the process of selecting private contractors to carry out the county responsibility to care for certain elderly people in their home, a program which is designed to allow the very elderly to continue to live in their homes and apartments rather than being forced to be institutionalized."

"The specifications included direction that the contract for the work would contain a minimum of 500,000 hours of such work. Subsequently, as the Board of Supervisors struggled to approve the contracts, County Counsel ruled that the oral representations of a Welfare Department official—that at least 1.2 millions hours would in fact be available to the successful bidder—had legally bound the Board of Supervisors to that level of expenditure (approximately \$4.8 million) rather than the lower level of minimum hours which would have allowed the Board of Supervisors freedom to select from more than one contractor."

The upshot of this staff pledge bound the Board of Supervisors to a monopoly contract with one provider which I believe will cause great trouble in the future as this monopoly provider raises prices in subsequent years without fear of competition."

"In yet another instance, the Board of Supervisors held a hearing to determine the level of funding for private non-profit groups contracting with the county to deliver social services such as Senior Meal Programs, Juvenile Counseling and Medical Clinics."

"At this hearing I questioned the Human Resources Agency Administrator (yearly salary \$44,449) on the status of certain services in my (3rd) supervisorial district. His answers to my questions were not factually correct as he soon learned from his own staff and he quickly corrected himself."

"I have long been concerned with the lack of services in my District as compared to other parts of the County and I have long suspected that the Human Resources Agency has practiced a kind of 'benign neglect' with regard to these needs in my district. Consequently I did make a statement that I felt the Administrator was 'ignorant of (the social needs of) the 3rd District'—a conclusion that I believe was fully warranted by the unspoken policy of this agency and by the Administrator's inability to answer simple questions concerning county programs in the 3rd District."

"Almost all the employees of the County of San Diego are conscientious, hardworking and talented people, most of whom feel as frustrated as I do with the bureaucratic system which stifles innovation and rewards mediocrity," Hedgecock said.

"I believe it is in the public interest to praise publicly excellent work when it occurs and to criticize the poor performances which bring a bad name to public service."

To which we say: Hedgecock, Ole!

New Cuyamaca College Has Staff On Campus

The \$6.5 million Cuyamaca College—in its final stages of construction—now has a staff on campus.

The admissions, records and counseling staff is setting up in its new quarters at Cuyamaca College, the new second college campus of Grossmont Community College District. The campus is located at 2950 Jamacha Road in the hills just east of Spring Valley.

Dr. Phyllis Wiedman, Dean of Student Services, and Paul Boatner, Director of Admissions and Records, and their staff are setting up in preparation of on-campus registration scheduled from August 21 to 24. They are also beginning to process the applications they already have. The other administrators, staff and faculty are scheduled to move on to the 165-acre campus in early August.

Boatner, who has been working at Cuyamaca College temporary offices on Campo Road in Spring Valley since the first of May, was previously Director of Admissions and Records at Cerritos College in Norwalk.

Wiedman, who has been with Cuyamaca College since February, has been working to develop a complete range of student services, including the Counseling Center, an Extended Opportunity Program, financial aid, health counseling, veterans advice and tutorial services.

Before joining the Cuyamaca staff, she was at De Anza College in the San Francisco Bay Area for 11 years, where she served in counseling and administrative positions, most recently as Assistant Dean of Student Activities.

The college librarian, Pei Hua Chou, has been working at Grossmont College since July 1 to set up the new library. Chou comes to Cuyamaca Colleges from University of California at Irvine, where she was Government Documents Librarian.

Gasoline Tax Income Rises

Gasoline consumption soared to a record in May as California motorists smashed the billion-gallon mark for the second time. The first time was in August, 1977 when consumption was 1,000,895,451 gallons.

In May, this year, the latest month tabulated at this time, consumption reached 1,027,312,223 gallons.

May gallonage was: 7.1 percent greater than in April 6.5 percent greater than in May, 1977 11.6 percent greater than in May, 1977.

Refiners, importers, and wholesale distributors pay 7 cents a gallon state tax on distribution to the retailer. They also pay 4 cents a gallon to the federal government.

Retailers add 6 percent sales tax at the pump.

California's bite in May was \$71.9 million—a record—up \$4.7 million higher than in April.

Applications for Cuyamaca College are available at the college and at high schools within the district. Late applications will be accepted August 25. Students who miss this deadline may register the first day of classes, which is August 28.

"The campus has no architectural barriers, and we will be developing special services for the handicapped," Wiedman said. A Campus Activity program will be developed, including recreational, social and intramural sports programs. Students will be able to take part in the development of student government and the selection of college colors and mascot."

This fall's classes will include a strong program of basic liberal arts and engineering technology, said Dr. Wallace Cohen, President of Cuyamaca College. "Initially, we will offer drafting, engineering, real estate, computer technology, surveying, technical and scientific illustrations and architectural graphics," he said. "We'll also have a community college general education transfer program that will be acceptable at any four-year college in the nation."

"We expect an initial enrollment of 2,500 this fall, increasing to about 20,000 in 15 years."

LG CoC to Eye Curb Petition Today at Noon

A petition to remove the traffic control curbs along Broadway in Lemon Grove will be the subject for discussion today at the L.G. Chamber of Commerce directors' meeting at Skandia Smorgasbord, 7975 Broadway.

The petition circulated by local businesses firms prays for "relief from injury to Lemon Grove business firms created by the . . . curbs."

Discussion of a beautification project aimed at elimination of graffiti painted on local buildings is also up for discussion.

Correction

It was incorrectly reported in last week's Lemon Grove Review that the City of Lemon Grove expects \$1,450,000 in 1978-79 revenue from traffic violations alone.

It was also incorrectly reported that the city will pay \$427,149 to the county sheriff's department for traffic control—giving the false impression that the city will profit handsomely on traffic tickets.

The correct estimate for 1978-79 revenue from traffic tickets is \$60,000, said City Clerk Karen Thomson. She added that while the city's entire law enforcement contract with the sheriff's department totals almost \$428,000, only \$128,000 is earmarked for traffic control.

LG Planning Commission Holds First Regular Public Hearing

The Lemon Grove Planning Commission, in its first full-fledged public hearing, faced 3 decisions, Monday night at the L.G. Community Center.

1. A request for a special use permit by Mr. and Mrs. Theo C. Mitchell to construct a residential duplex on a vacant R-1A (interim) zoned lot on the west side of Noble street was continued to the meeting of August 14.

The Mitchells had advised Planning Director Jim Butler that they had additional facts to present and needed the time to gather them together.

2. Making the agenda late, J. S. Hartung asked for a non-compliance use of his property on Adams ave. near Washington in which he would add to an existing structure. Because the commission had not studied the property, it was ordered held over to the August 14 meeting also.

3. New Life Chapel asked for a special use permit to construct a 2-story addition to the existing church building at 2115 Imperial ave.

Neighboring residents appeared at the hearing to complain that the 9,230 square ft. addition, to be used primarily as a church school, would put too many youngsters (approx. 250) in an area too small for playtime use.

They also complained that a grading project in the church parking area appeared to encroach on the hillside

City to Buy Pickup Truck

City council agreed to buy an economy-size pickup truck for park maintenance Tuesday at a special council meeting.

The meeting was attached to a "brown bag" get together scheduled on Tuesdays between council meetings.

In addition to discussing matters which cross the desks of the members (at which no action is taken), the group went into executive session to discuss personnel matters.

The next council meeting will be at the Community Center August 7 at 7:30 p.m.

\$42,500 Sales Tax Funds For L.G.

Lemon Grove's July allocation of sale tax funds amounted to \$42,500, it was announced by Iris Sankey, member of the State Board of Equalization.

California cities received \$48.3 million and counties \$8.2 million for a combined total of \$56.5 million.

An additional \$14.1 million from the ¼ percent local sales tax went to counties for use in local transportation.

San Diego County received \$375,000 in sales tax and \$975,000 for the transportation fund, she reported.

porperty contiguous to the lot.

The Rev. John Meacham, speaking for the permit acknowledged that the church failed to acquire an Environmental Protection Agency (EPA) grading approval and that no city permit had been sought.

The Commission rejected the church plea for a permit but suggested that their plans be altered to make approval possible or that the commission's decision could be appealed to City Council.

A youthful owner of property on Imperial ave., Greg Brown, seeking reclassification

of his 1.73 acres surrounded by commercial property, told of frustration and expense he had suffered at the hands of the county planning department in attempting to acquire reclassification. He said that no one turned him down on his request, but that he got a runaround at the hands of county bureaus.

Commission chairman Warren Buckner told Brown that he had come to the right place. "You'll get a firm decision here," he said. Brown will meet with Planning Director Butler to get his papers in order.

Regional Growth Hearing To Reconvene August 3

The San Diego County Board of Supervisors will continue on August 3 the public hearing begun June 29 to consider approval in concept of the proposed Regional Growth Management Plan.

The hearing which will begin at 10:30 a.m. will be held in Room 310 of the County Administration Center, 1600 Pacific Highway in San Diego.

The County's Regional growth management staff, under the direction of David C. Nielsen, is recommending that supervisors approve the plan in concept and direct that the Plan be implemented during the fiscal year 1978-79. Staff is also recommending that the Board accept the final social impact report and find that implementation of the plan will have "overriding social benefits and properly serve the welfare of the region."

The goals of the Growth Management Plan can be summarized as follows:

—Urban growth should be directed to areas within and adjacent to existing urban areas. The rural setting and lifestyle of the remaining areas of the County should be retained.

—Growth should be phased with facilities.

—Growth should be managed in order to provide for affordable housing and balanced communities throughout the unincorporated areas.

—Urban portions of the unincorporated area should be encouraged to either annex to an adjacent city or incorporate. As an alternative, urban levels of service should be financed through County Service Areas, Community Service Districts, or some alternative mechanism.

According to a report from Nielsen to the Board, the County's Environmental Review Board has determined that implementation of the plan will have significant impacts on air quality and agriculture.

"To partially reduce these two impacts, the final Growth Management Plan recommends that the planned unincorporated area 1995 population be reduced from 686,500 to between 515,800 and 589,800. This will reduce emissions and further relieve development pressures on agricultural lands," according to the staff report.

In addition, the staff reports that the social impact report has determined that the plan will enhance the opportunity for locational choice and access to affordable housing and provide the opportunity for more balanced communities in terms of race and income.

Interested members of the public are encouraged to attend the August 3 hearing and present their views to the Board of Supervisors.

Virginia Bridge Committee Named

The Committee to Elect Virginia Bridge to the 79th Assembly seat has announced its membership.

Heading up the steering committee for the campaign will be San Diego businessman Raoul Lowery, president of Mexursions (San Diego-Tijuana Tours). Other members include Attorney Clifford Duke, Admiral Philip Gilkeson (ret.), Uvaldo Martinez, Catherine L. Montgomery, Richard Parker, Frank Reynolds, Rev. George Walker Smith, Helen Smith, and William Van Vleck.

Gilkeson and Rev. Smith have been named co-chairmen of the Finance committee. In addition, Coronadan Barney Padway was named Honorary Chairman for the committee.

The Bridge campaign will announce the opening of its downtown headquarters within the next two weeks. Further, a list of Mrs. Bridges' Committee of 500, a group of concerned businessmen in San Diego, will be announced.



MICE, MICE EVERYWHERE, but there's no need to jump on a chair. The mice at the Lemon Grove Library, 7735 Pacific ave., are safely confined in a display case, impressive in their intricately detailed historical costumes. They're the work, all done by hand, of Lemon Grove resident Jinny Weeks who, herself shy as a mouse, declined to be photographed with her

collection. Backgrounds were built by Mrs. Weeks' son Dave, including the one above with split peas used for the cobblestones in the "street". The collection will be on display through August. Library hours are 10 a.m. to 8:30 p.m. Monday through Friday and 9 a.m. to 5:30 p.m. Saturday.

San Diego Diocese Split; Now 8,496 Square Miles

The counties of San Bernardino and Riverside have been separated from the Diocese of San Diego to form the new Diocese of San Bernardino.

Father Phillip F. Straling, pastor of Holy Rosary Church in San Bernardino, has been named the first Bishop of the new two-county diocese.

The official announcement was made in Washington, D.C., by Archbishop Jean Jadot, Apostolic Delegate, representative of Pope Paul VI in the United States.

Bishop-Elect Straling, is a native of San Bernardino. He was baptized in Holy Rosary Church, which will be the Cathedral of the Diocese of San Bernardino. He attended St. Bernardine's Elementary School in San Bernardino. A 1951 graduate of Newman High School, Fontana, he went on to study for the priesthood at St. Francis Seminary and Immaculate Heart Seminary, both in San Diego. Ordained by Bishop Charles Buddy, first Bishop of the San Diego Diocese, on March 19, 1959, Father Straling also received his Bachelor's Degree in Philosophy from the University of San Diego and a Master's De-

gree in Counseling from San Diego State University. His parents, Sylvester and Florence Straling, live in Colton.

The Most Rev. Leo T. Maher, will remain Bishop of the Diocese of San Diego which will now consist of the 8,496 square mile counties of San Diego and Imperial. In a statement relating to the establishment of the new diocese, Bishop expressed his congratulations to the new Bishop-Elect and people of San Bernardino and Riverside.

The Diocese of San Bernardino will occupy 27,293 square miles, with 235,665 Catholics in a total population of 1,258,800. Some 128 diocesan priests, 43 religious priests and 282 sisters serve a total of 85 parishes and one mission. Nearly 9,000 children attend Catholic elementary and secondary schools in the diocese.

The Diocese of San Diego will now occupy 8,496 square miles, with 354,453 Catholics in a total population of 1,704,700. There are 191 diocesan priests, 64 religious priests and 423 sisters serving in 87 parishes and 3 missions. Almost 13,000 students attend Catholic schools in the diocese.

Parents Whose Children Die Free Child Care Offered

Joy and Tom Franklin, a Lakeside couple whose 16-month-old daughter died last October as a result of an accident, are forming a group to provide comfort and support to other east county parents whose young children die suddenly and unexpectedly.

First meeting of the group, called "Parents Outreach", will be held in the conference room at El Cajon Valley Hospital (ECVH) on August 14 at 7:30 p.m. Parents who have lost their children, health professionals, and other interested persons are invited to attend.

Mrs. Franklin sees the group as providing "intimate understanding" and support to recently-bereaved parents and other family members. Plans call for volunteer parents to be on call 24 hours a day to

the emergency rooms of local hospitals and be available to meet with parents in the weeks and months following a child's death.

"We're not professional counselors, but I think we can help people who have lost a child because we've been there ourselves and we can understand what they're going through and how they feel," said Mrs. Franklin, a housewife and mother of five children.

"The most valuable advice we received from friends — people who'd lost two children when our daughter died — was that we would survive this terrible experience. We did. I think it's very important for people to be able to bring their grief out in the open. Its part of the healing process," she said.

Lemon Grove Review

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Max Goodwin Editor and Publisher
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Funds Denied El Cajon Waste Recovery Plant

The County of San Diego has been notified by the U.S. Environmental Protection Agency that it will not receive Federal grant funds to perform further demonstration operations of the solid waste resource recovery plant in El Cajon.

EPA had earlier encouraged the County to apply for an additional \$360,000 to fund a 3 to 4 month operation of the plant exclusive of the pyrolysis reactor, which converts the finely shredded waste to liquid fuel.

The El Cajon plant, built and operated by Occidental Research Corp., completed a number of short-term operations of the plant between December 1977 and March 1978. As a result of these operations, Occidental determined that an engineering study should be made to determine the extent and cost of modifications necessary to enable the plant to run efficiently on a continuous basis. The results of that study are expected in September.

At the conclusion of the testing in March, approximately half of the plant crew were laid-off, since it was expected that several months would be required to complete the engineering study and modifications. The remaining crew were retained in anticipation of the EPA grant to make an extended run of those portions of the plant which have performed satisfactorily.

Occidental's project manager, Eugene F. Holderness, has notified the County's Department of Sanitation and Flood Control that operations at the plant will be suspended on August 1. Upon completion of the project review in September, the County will be notified of Occidental's intentions regarding future operations of the plant.

VLM Seniors to Go To Hawaiian Party

Vista La Mesa senior citizens will be guests of Regency Park retirement hotel this afternoon.

Reservations are necessary and may be obtained by calling the Vista La Mesa Christian church office.

Transportation will be furnished and will leave the church at 11 a.m. Regency Park will host the luncheon. Entertainment by Kuulei Harper and her senior citizen dancers. It is suggested that guests wear Hawaiian attire.

'Sea Queen' Shipmates Sought

Kaze is SD's NBA Veep
Shipmates of the USS New Mexico, "Queen of the Seas," will gather for their 1st annual reunion October 13, 14, 15 at the Grand Hotel in Anaheim. Write Jack Kemp, president, 5502 Santa Catalina, Garden Grove, CA 92645.



Darlene Tainatongo

Mt. Miguel Senior To Be Presented As Guamanian Princess

Darlene Tainatongo, 17, daughter of Jose Tedpago and Sylvia Sejeran Tainatongo, will be presented as Guamanian princess of the San Diego Folk Faire at an international dinner beginning at 6:30 p.m. on August 10 at the Scottish Rite Memorial Center, Mission Valley.

Miss Tainatongo, a senior at Mt. Miguel High School, was born in Guam and will represent the Sons and Daughters of Guam at the Folk Faire. She will be one of the official hostesses at the Faire to be held October 14 and 15, also at the Scottish Rite Center. She will greet visitors in orange tropical traditional Guamanian dress.

At the Faire, 20 different cultural and religious groups will staff booths selling ethnic food items and crafts. The various cultural and religious groups, uniting in these annual events under sponsorship of the San Diego County Ecumenical Conference, will provide displays and entertainment.

G'mont Care Units Now Total 400 Beds

A new twelve-bed intensive care unit for surgical patients, a ten-bed unit for medical intensive care and a new pediatric intensive care unit will open at Grossmont Hospital within the coming weeks, the hospital's administrator Ron Dahlgren said.

The units are some of the final projects under a remodeling and new construction project that was started more than four years ago in conjunction with the seven-floor Forace L. Boyd Wing.

The remodeling brings the hospital to a full complement of 400 beds, making it the second largest community hospital in San Diego County. Grossmont is the district hospital for some 300,000 residents in a 750 square mile area of East San Diego County.

Who Counted?

The 37 plays attributed to Shakespeare contain 106,007 lines and 814,780 words.

'Kid' is Show Theme At S.V. Trinity Church

"Testimonial of an All-American Kid," the dance of a personal search, will be performed Saturday at 7:30 p.m. at Trinity Presbyterian Church, 3902 Kenwood dr. Spring Valley.

The solo multi-media dance traces one person's struggle to find inner peace. Through the use of modern dance, jazz, rock music and vivid slides, the audience is taken on a 50 minute lifetime of growth.

The Kid begins at awkward adolescence, reaches a stifling adulthood, agonizes through a search for self identity, reaches for prestige and finds only selfishness and depression. A promise of new life is given and out of it The Kid finds the path of joy.

A very personal story of a universal search, the presentation is a production of Lamb's Players, a National City based traveling troupe, which performs throughout the southwestern United States.

Bible Classes Set At SV Nazarene

"Jesus, God's Wonderful Gift" is the theme for a vacation Bible school to be offered Aug. 7 through 12 by the Spring Valley Church of the Nazarene, 3310 Bancroft dr.

Classes, to be held daily from 9 a.m. through 12 noon, will be offered for children aged 2 through 14. Bible-based lessons will be taught using visual demonstrations, Bible study, crafts, group singing and other classroom interaction.

Refreshments will be served every day. Registration will begin at 8:30 a.m. the first day of classes, Aug. 7. A fee of \$2 per child will be charged, up to a maximum of \$4 per family.

Volunteer workers are needed for the school. Volunteers or persons seeking more information may contact Dixie Neal at 464-7415 or Susie Prough at 443-3664.

Christian Author Set At Skyline Wesleyan

A day-long Bible study entitled "Day In The Word" will be held from 9 a.m. through 4 p.m. Saturday, Aug. 5 at the Skyline Wesleyan Church, 1345 Skyline Dr., in Lemon Grove.

Taught by Dr. Don Williams, the study will focus on the Christian's "journey into joy"—Paul's letter to the Philippians.

Williams is the author of many Christian books including "A Journey Into Joy," and "Homosexuality: The Bond That Breaks." Lunch is included, and admission of \$4.50 per person will be charged.

LG Church Offers Vacation School

A two-week "vacation church school" for children, including tentatively planned field trips to the zoo and a television taping, will be offered July 31 through Aug. 11 by the Lemon Grove Congregational United Church of Christ, 2770 Glebe Road.

The free sessions, to include Bible classes, worship, singing, recreation and refreshments, will be held from 9 a.m. to 12 noon Monday through Friday for the two weeks.

Children four years old through the sixth grade in school are invited. More information may be obtained by contacting Rev. Bill Kelly-Fleming, assistant minister, at 466-0503.

There's An Answer!

By Norman Vincent Peale and Ruth Stafford Peale
Is cremation wrong?

Q. My only child was hit by a car and killed in California. She was 34. I've been married for two years, and this month I was going to move out there to be near her. The funeral arrangements had to be made by her fiancé. He said it was her wish to be cremated, and I've gone through unbearable pain because I signed the papers. I'm being blamed by members of my family. I'm so mixed up and need some advice. Is it wrong to have a person cremated?

A. Since your daughter expressed the wish to be cremated, you did exactly right in signing the papers which made it possible for her wish to be carried out.

Ignore the comments of members of your family who did not agree with this action. You made the decision on the basis of what your deceased daughter wanted, and since there is no problem of right or wrong in the practice of cremation, you acted properly and with due respect for her.

We have a booklet, "Let Not Your Heart Be Troubled," which has helped others work through their grief over the loss of a loved one, and a copy of it is on its way to you. Any-else wishing a free copy may write to us in care of Box 500, Pawling, NY 12566A.

Teenage mother

Q. I am having a few problems, and they are almost getting to be too much for me to bear. I am a mother and also a high school student. Lately it's been hard for me and my boy friend to get together and be alone. He's going with another girl but doesn't want to admit it. I do love him very much, more than he can understand. When I think about this girl and ask him it makes me want to do things with other boys myself. But I don't. I ask God to help me and not let me do it. I believe God hears my prayers. Please

give me your advice.

A. This boy friend of yours doesn't sound good to us. Whether or not he got you pregnant, he is now perhaps getting tired of you. It might be just as well to let him go.

Since you seem to be a religious girl, do what you know in your heart is right, no matter what he or others may do. That is the only way to find happiness for the years ahead.

Doting daddy

Q. This is a second marriage for me and my husband. His only daughter is 19 and has run his life since birth. For her birthday he spends \$100 and for Christmas up to \$1,000. He bought her a new car. I have to buy my own car, furnish the house, buy my own clothes and hire outside help for repairs around the house.

I have a job nine hours a day, but his daughter will do nothing but come to the table and eat. She lays on her bed with a cigarette and soda and watches TV. She entertains her boy friend in the bedroom six to eight hours at a time. My husband calls me terrible names and never shows me any affection. As a father he is wonderful, but as a husband he's not. Please help me.

A. Tough as it may be, if you want your marriage to become satisfactory you must learn to love this 19-year-old brat. As repulsive as she may seem, she is human and she can be reached by love, though that process may not be easy.

Along with this love strategy you've got to put a little toughness into the relationship. You are not called upon to let a boy friend spend hours in your daughter's bedroom in your own home. So the solution of your problem will depend upon a very skillful love-tough attitude.

If there is something you would like to ask Dr. and Mrs. Peale to discuss in this column, write to them in care of Box 500, Pawling, NY 12554.

Area Funeral Services

Clara Ciskowski

Funeral Mass was said July 18 for Clara Ciskowski, 64, of 1668 Tarleton st., Spring Valley, who died July 15 in a local hospital. She was a native of Canada.

She was a member of St. John of the Cross church in Lemon Grove and had been a motel manager for 10 years prior to her retirement.

She is survived by a daughter, Veronica Roberts of Spring Valley; 2 sons; a sister and 4 grandchildren.

Both recitation of the Rosary and saying of the Mass were at St. John of the Cross. Conrad Lemon Grove Mortuary was in charge of arrangements.

Harry F. Witt

Services were held Monday for Harry F. Witt, 65, of 8944 Davenport st., Lemon Grove, who died Thursday in a hospital.

He had been a custodian for 10 years with Do-Right Maintenance Co. and had lived in the county 30 years after coming here from Kansas.

He was a member of American Legion Post 282 and an Army veteran of WWII. He is survived by his wife, the former Margaret Strazinski; a stepdaughter, Pamela J. Todd of Lemon Grove; 2 sisters; his father; a brother and a grandchild.

Kittie Lee Hall

Memorial services will be held Monday at 7:30 p.m. at the Lemon Grove United Methodist Church for Kittie Lee Hall, 86, who died Monday at a local hospital.

She was born in Belmont, Mass., but lived with her daughter Harriette Midose, 3117 Crane in Lemon Grove, for the past 25 years.

A son, William S. Crane, lives in San Diego and there are 5 grandchildren plus 3 great-grandchildren surviving.

The family requests no flowers. Contributions may be made to the Crippled Children's Hospital in care of the Al Bahr Shrine Temple.

Thomas P. Ruth

A memorial service was held last Thursday at Grossmont College's Fine Arts Auditorium for Thomas P. Ruth, 44, of 9034 Kenwood dr., No. 4, Spring Valley.

Ruth was a teacher at Grossmont College, where he taught history and political science, and was the school's first faculty president.

Born in Hollywood, he was graduated Phi Beta Kappa from the University of California at Berkeley, where he received his bachelor of arts and master's degrees.

Twice a candidate for the California Assembly, Ruth ran against Clair Burgener in 1964 and Pete Wilson in 1966.

Survivors include his wife, Sallie; a son, Thomas M. and two daughters, Joanna and Karen, of El Cajon; and one grandchild.

Myrtle Ruffing

Crypt-side services were held July 12 for Mrs. Myrtle Ruffing, 85, of 2211 Massachusetts ave., Lemon Grove. She died July 8 in a nursing home.

A widow, Mrs. Ruffing had been employed in the S.D. city treasurer's office 1930-1939. She came to San Diego from South Dakota 50 years ago.

She was an active member of the Covenant Presbyterian Church and a member of the Women's Planning Committee of the International Christian Union of Japan.

She is survived by a daughter, 2 sons, 4 grandchildren and 5 great-grandchildren.

Church Services

LEMON GROVE LUTHERAN CHURCH
2055 Skyline Drive at Alton Drive 465-7301
Rev. Herbert Johnson, Pastor
Rev. James Thompson, Jr., Asst.
Summer Worship Service: 9:00 a.m.

FIRST BAPTIST CHURCH OF LEMON GROVE
2910 Main Street P.O. Box 235
Robert Kleinschmidt, Pastor Phone 460-4811, 465-9794
Sunday Bible School 9:30 a.m.
Sunday Worship Services 10:50 a.m., 6:00 p.m.
Wednesday Bible Study and Prayer 6:30 p.m.

THE UNITED METHODIST CHURCH OF LEMON GROVE
3205 Washington Street 466-8065
Dr. Dudley V. Johnson, Pastor
M-F Weekday Pre-School for 3-5 Year Olds
9:00 A.M. Church School 10:30 A.M. Worship Service

SPRING VALLEY FRIENDS CHURCH
Bancroft at Kenwood
Robert D. Farris, Pastor 466-3339
Sunday School Hour 9:30 a.m.
Worship Service 11:00 a.m.
Sunday Evening Family Hour 6:00 p.m.
Wednesday Bible Study Groups 7:30 p.m.

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And lead us not into temptation, but deliver us from evil . . .
St. Matthew 7: 11-13

ST. PHILIP'S EPISCOPAL CHURCH
Palm at Hardy Drive, Lemon Grove
Rev. Kenneth R. Johnson, Rector 466-8055
SERVICES: Sundays, 8 and 10 a.m. Wednesdays, 10 a.m.
Church School and Nursery Care, Sunday, 10:00 a.m.

THE CHRISTIAN CHURCH 465-1888
6970 San Miguel Ave., Lemon Grove
Larry H. Johnson, Minister
Judy White, Pre-School Director
9:30 a.m. Bible School
10:45 a.m. Morning Worship
6:00 p.m. Evening Worship and Family Hour
7:00 p.m. Wednesday Bible Study
9:00 a.m.-11:30 a.m. Pre-School Mon., Wed., and Fri.

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Skyline Drive at Jamacha Road
Rev. Orval C. Butcher, Pastor Phone 460-5000
Worship Service 9:30 and 11:00 A.M.
Sunday School 8:15 9:30 and 1:00 A.M.
Children's Church 9:30 A.M.
Sunday Evening Expression 5:30 P.M.
Wednesday Evening Bible Involvement 7:00 to 8:30 P.M.

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This Week's RECIPE

'Slim' Halibut Steak

For most of America, the outdoor barbecue season shifted into high gear around Memorial Day. By now, the sizzling hot dogs and hamburgers are already becoming a bit tiresome, and most of the season still lies ahead of us. If you're also keeping an eye on your waistline, how creative can you get at the grill?

Though hot dogs and hamburger fit right in with a good weight control program, if you want to enjoy the outdoor season to its fullest and still stick to your diet, Weight Watchers International has developed a number of imaginative grilled dishes, that are delicious AND slimming. These will be featured in this column for the next several weeks.

'Slim' Halibut Steak
2½ pounds halibut steak
1 cup chicken bouillon
¼ cup lemon juice
1 tablespoon dehydrated onion flakes reconstituted in 1 tablespoon water
1 teaspoon soy sauce
Dash hot pepper sauce
Salt and pepper to taste

Place fish in a shallow container. In a bowl, combine bouillon, lemon juice, onion flakes, soy sauce, hot pepper

sauce, salt and pepper. Pour over fish and refrigerate for half an hour. Remove fish from marinade and arrange in hinged wire broiler. Grill close to hot coals, about 4 minutes on each side, brushing frequently with marinade until fish flakes easily with a fork. Makes 4 servings.

Day Camp Planned For Youths 7-12

Summer day camps are being sponsored by the La Mesa Dept. of Parks and Rec. Mondays through Fridays July 28-August 25.

The camps are for boys and girls 7-12 years of age and will be held 9:30 a.m.-2:20 p.m. at the Girls' Cottage in MacArthur Park in La Mesa.

Camp fee is \$15 weekly and registrations will be taken Monday through Friday 8 a.m.-5 p.m. at the La Mesa Rec. Center according to Willie Williams, camp director.

Camps begin July 31, August 7, 14 and 21 with activities including swimming, bus trips, hiking, nature crafts, outdoor games, carnival, camper's Olympics and ice-cream making.

Williams can be reached at 469-4128.

La Mesa Women Set Luncheon-Card Party

Evening Belles Section of La Mesa Woman's Club is sponsoring a "Lazy Daze" luncheon-card party on Monday, August 7 at 12 noon at the La Mesa Woman's Clubhouse, 5220 Wilson Ave., La Mesa.

Chairman for the event is Mrs. Ruby Shipley and her committee consists of Mmes. Nadine Maczko, Celeste Haslam, Doris Luffe, Frances Shuster, Mae Belle Francis, Helen Crowell and Marge Shipherd.

Proceeds from the luncheon will go to the Burn Center and other local philanthropies.

The public is invited and reservations must be made no later than tomorrow by calling either 463-2296 or 447-6615.

LG Library Offers Bedtime Stories

Bedtime stories for young children ages three to five will be held at the Lemon Grove Library weekly on summer evenings through August 23rd. The series will feature mood stories, poems, flannel board, and fingerplays.

Storytime will be held from 7 to 7:30 p.m., and children are invited to wear their pajamas. Free to all pre-schoolers, the storytime will provide them with an introduction to the library and a chance to participate in group activities.

The library is located at 7735 Pacific Avenue (behind Mayfair) and is open 10 a.m. to 8:30 p.m. Monday through Friday, and 9 a.m.-5:30 p.m. on Saturday. For more information, call 463-9819.

Davis YMCA Plans Travel Camp Outings

Co-ed hiking and boating outings are included in three "caravans" for junior high and high school students planned for August by the John A. Davis Family YMCA, 8881 Dallas St., in La Mesa.

A "Sailing Caravan" is set for Aug. 1 through 4, during which participants will board at San Pedro and learn to sail a 60-foot schooner, then take a 4-day cruise to Catalina and other ports.

A "High Sierra Backpack" is scheduled Aug. 7 through 13 and a "Sequoia Kings Canyon" caravan to Dorst Creek Aug. 13 through 28.

Travel camp activities will include sightseeing and planning and preparing meals. It is not required that participants be YMCA members.

More information can be obtained by calling the Davis YMCA, 464-1323.



BACK IN BUSINESS — Ann Hale, left, owner-operator of Vada-Lois Beauty Salon, 7609 Broadway, does a quick comb-out for customer Billie Hart. Ms. Hale wants all of her regular customers to know she's solved her babysitting dilemma and is back in full operation. She's at 469-3456.

SD Cabrillo Festival Queen To Be State Guest in Portugal

Diane Fernandes, the 1978 Cabrillo Festival Queen will visit Portugal with Mary R. Giglito, the President of Cabrillo Festival Inc., as official state guests of Portugal's Secretary of State, Dr. Joao Lima.

The two women leave San Diego on July 31st with the first stop in Washington, D.C. where they will pay an official call upon Portugal's Ambassador to the United States, Joao Hall Themido. Then on to Lisbon, Portugal August 2, for a 15-day visit where they will be received by Portugal's Heads of State: President General Ramalho Eanes, Foreign Affairs Minister Dr. Victor Sa Machado, Naval Affairs Minister Admiral Augusto Souto Cruz and Secretary of State, Lima. Included in their itinerary are official trips to Madeira and the Azores.

'Sweet Charity' on Stage

The musical "Sweet Charity" will be presented Friday, July 28, and 29 at 8 p.m. and July 30 at 2 p.m. in the East County Performing Arts Center.

The performances, presented by the Grossmont College Drama and Music Departments, will be directed by Clark G. Mires. Tickets are available at the Arts Center. The number is 440-2277.

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'SkateAthon' To Aid Cerebral Palsy Home

"Skate Your Blades Off" is the motto of a skate fund raising event for United Cerebral Palsy which will be held August 6, 5:30 p.m. to 11:30 p.m. at the Ice Capades Chalet in University Towne Center.

Skaters wishing to enter the event, sponsored by Radio MKJC, must obtain pledge sheets and have sponsors pledge a cent for each minute the skater participates in the SkateAthon.

Entry blanks are available from the radio station, at McDonald's restaurants in Lemon Grove, the Ice Capades Chalet and various other locations in San Diego.

Proceeds will benefit for building expansion and modernization of the United Cerebral Palsy Center in Kearny Mesa.

La Mesa Woman Delegate To Legal Secretaries Meet

Members of the San Diego Legal Secretaries Association have chosen Sue Ellen Wagstaff, PLS, of La Mesa, as their delegate to the 27th annual convention of the National Association of Legal Secretaries (International) being held through today at the Hyatt Regency, Atlanta, Georgia.

Pauline Schultz, PLS, of San Diego is also attending in her capacity as Professional Liaison Chairman on a national level. July Finch, PLS, of El Cajon is also attending this convention.

The purpose of NALS, which is a nonpartisan, nonunion, nonpolitical, and nonsectarian group, is to unite all persons engaged in work of a legal nature and encourage their continuing education. Its chief objective is to provide service to attorneys, the courts, the general public, and to law office employees. NALS now has more than 23,000 members, and delegates are expected in Atlanta from throughout the United States and Canada.

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5-Time Oscar Winner To Conduct SD Symphony

International musical theatre is the theme for the July 28th and 30th San Diego Symphony's "Summer of Stars" weekend with composer-conductor-pianist John Green. Tomorrow, the performance will start at 8 p.m. in S.D. State University's Open Air Theatre. Sunday the concert will begin at 5:30 p.m. on the U.C.S.D. La Jolla Campus.

Five-time Academy Award winner Green has chosen a full program of music from international musical theatre. Selections are from "My Fair Lady", "King and I", "Showboat", "South Pacific", "Carousel", "Kiss Me Kate", "The Merry Widow", and other musicals. Husband and wife Darlene and David Romano will be featured vocalists for the program.

Green has twice been the producer of the world-famous Academy Awards Show, and on April 8, 1975, he was, for the 10th time, music director and conductor of this show.

His new one movement Symphony, "Mine Eyes Have Seen" (Symphonic Parallels and Contradictions for Orchestra), commissioned by the Denver Symphony Orchestra and jointly funded by the National Endowment for the Arts, had its successful world premiere by that orchestra, Brian Priestman conducting, during the dedication celebration of Denver's new Boettcher Concert Hall on March 5, 1978. The symphony is dedicated to Maestro Priestman.

Reserved seat tickets for

John Green's San Diego State University appearance tomorrow are priced at \$10, \$9, \$8, \$7 and \$6 and are available at the Aztec Center Ticket Office and all Ticketron Agencies.

Tickets for Sunday's 5:30 p.m. concert at U.C.S.D. are \$6 for unreserved chair seats, \$4.50 for adult blanket seating and \$3 for student blanket seating. U.C.S.D. tickets are available at the Turntable in La Jolla, Kaleidoscope Gifts in University Towne Center, U.C.S.D. Events Office and Ticketron Agencies. For information about the "Summer of Stars" weekend concerts, phone the Symphony Office at 239-9721.

Workshop to Explore Career, Family Changes

A workshop exploring career, marital and family changes will be conducted from 7 through 10 p.m. Monday, July 31, at The Family Institute, Inc., 3235 4th Ave., in San Diego.

Randy Helsel, institute intern, will conduct the 3-hour class including lecture and discussion. Cost is \$4 per person, \$7 per family. More information at 297-7181.

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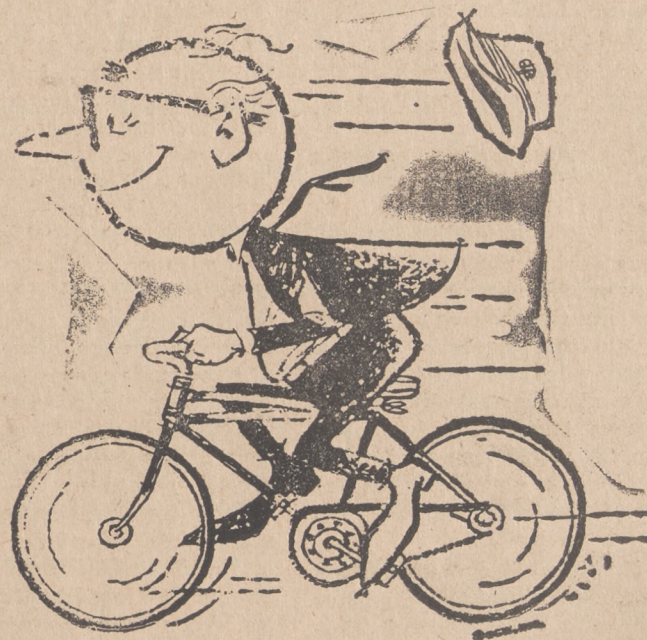
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ALL STARS — Lemon Grove's Little League All Star Tournament Team has won 2 games for the Area and will be playing today towards the District 42 Championship. The team from the left, 1st row: Jeff Stacy, Jimmy Monticoh (alternate), Roger Pacheco, Gilbert Pacheco (alternate), Andy Roberts, Larry Simms (alternate). 2nd row: Lance Ortega, Bobby Hubbard, Mark Gurrola (alternate), Mike Twyman, Ron Pritchett, Mark Paule, Steve Hill. 3rd row: Manager Bill Parga, Coach Bill Ott, Jimmy Oyos, David McFarland, Damon Penny, Bobby Dornan, Rowdy Sedlickas, Coach Gary Jaacks, Team Mother Barbara Sedlickas. Not pictured: Coach Roger Pacheco, Business Manager Bob Roberts, Coach Woody Foussat.

Championship Eyed by L.G. LL All-Stars

By Bill Ott

Homeruns by Rowdy Sedlickas and Andy Roberts, combined with the pitching of Steve Hill, enabled the Lemon Grove Little League All-Stars to win the District 42, Area I Tournament held last week on Lemon Grove's Al Burke Field.

Two wins advanced the team to the District 42 Championships that open today at Twin Hills with Lemon Grove facing Skyline in a 5 p.m. battle. The winner of the game will vie for the Championship Saturday at 1 p.m., facing the winner of tomorrow's Luckie Waller-Chula Vista American game.

Lemon Grove's first tournament victory came last Friday evening when the team downed Twin Hills, 6-4, behind the pitching of Jimmy Oyos, Mark Paule and Roberts and the outstanding play of Sedlickas.

Battling from behind to take the lead, a two-run home run by Twin Hills late in the game knotted the score at 4-4 before Sedlickas went to work. With

the score tied in the top of the sixth and final frame, Sedlickas made the play of the game. With a runner on second representing the go-ahead run with two out at the top of the sixth, a sharp single up the middle sent the runner from second scurrying home only to be thrown out at the plate by a perfect one-hop throw from Sedlickas to catcher Lance Ortega to squelch the rally and end the inning.

Preview Offered Friars Fans

The Friars would like to have tonight's Sports Arena match against Seattle a preview of the opening round of the playoffs.

Since the first and fourth place teams in the western division are play-off matched, the Friars just about could insure Seattle as an opponent with a victory in the team's final regular season meeting.

And that condition could be clinched Saturday when the Friars entertain Golden Gate, their chief rival in the western division. The Gaters possess Virginia Wade, Frew McMillan and Sandy Mayer and a 3-1 winning record so far this season against the Friars. Both matches start at 7:30.

San Diego is 5-1 against the Cascades, losing only in Seattle July 15.

"I'm not looking that far ahead, into the playoffs," said player-coach Rod Laver. "But we certainly have done well against opening playoff opposition."

Actually, San Diego hasn't had a breeze against Seattle, winning mainly on its mixed doubles performance of Ross Case and Mona Guerrant. That team is 5-0 vs. Seattle and has turned a couple of close matches into runaways and has saved others.

Against Golden Gate Laver has whipped Mayer three of four sets after being blanked in their opening meeting. But Laver and Case have dropped all four sets to Mayer and McMillan, losing by a total game score of 11-26.

Kerry Reid has managed one set victory against Wade in singles and is on the short

end of a 13-22 game score for the season. But San Diego's women's doubles, Reid and Guerrant, and its mixed doubles both are 2-2 against Golden Gate.

It'll be target tennis night Thursday with fans competing for \$500 in cash prizes sponsored by Planters Peanuts.

Saturday is Sears Night with all five San Diego stores offering special discount tickets for only \$3.

Excellent seats in all price ranges are available for the match and may be purchased at the Friars' ticket windows of the Sports Arena or at locations throughout San Diego County.

'Ancient Title' Seeks Repeat Of Last Year's Track Record

Ancient Title, unanimously acclaimed Del Mar's 1977 "Horse of the Meeting" by virtue of his track record-shattering victory in last summer's Del Mar Handicap, will be pointed for a repeat win in that \$100,000 invitational fixture during the upcoming 43-day seaside season.

Currently racing's richest lifetime bankroll of \$1,243,441, a total exceeded by only 9 horses, Ancient Title has rolled up 20 added-money victories during his career, with his Del Mar 'Cap score among his most convincing.

Facing an all-star field which included Eclipse Award winner Caspasia and two-time California Horse of the Year Crystal Water, Ancient Title sped to a five-length tally in wire-to-wire fashion with a final clocking of 1:55 2/5, to easily better

by more than a full second, the former record for the Crosby Course distance of 120 feet less than a mile and one-quarter.

Showing no signs of slowing at age eight, the gelded son of Gummo made his debut this winter at Santa Anita with a wire-to-wire score in the San Pascual Handicap, lowering the track mark for a mile and one-sixteenth to 1:40 1/5 in the process.

Trainer Keith Stucki, Ancient Title's developer, explained the reason for his star's absence from racing since February. "He was all set to run in the Santa Anita Handicap, but he developed an infection the day before the race. The infection cleared up fast, but about 3 weeks later, we found a pus pocket that had developed in his hoof as a result of his last workout." Stucki added, "The pus pocket was cut out and all he needed then was time for the hoof to grow back out."

In recent weeks Ancient Title has been stabled at nearby San Luis Rey Downs, and the veteran runner is quickly coming to hand for the Del Mar meeting, which got underway yesterday.

"Right now, he's doing just fine," Stucki reported. The way it looks now, he'll probably run in either the Bing Crosby Handicap, August 12 or San Diego Handicap August 19 in advance of the Del Mar 'Cap."

TAKE FIVE

by John E. Wirges



The transplanted Buffalo Braves, with added power from the Boston Celtics by way of a players, franchise and owners trade, are dropping anchor in San Diego and are house hunting, manager looking and name searching.

Since every second retired military type and every third teacher (since Prop 13, one supposes) is dabbling in real estate, there doesn't seem to be any great problem getting the front office and floor models of the team under cover.

Since the starting salary for NBA player types is something in the neighborhood of \$8 million, mansions, La Jolla chateaus, Point Loma palaces and open country haciendas will be forthcoming for the creature comforts of the playing corps.

Lesser abodes will undoubtedly be acceptable for management and coaching help who do not make the same size bread as the players.

Vice President, himself a San Diego home owner and self adopted semi-native son (from now on), and chief operations officer Irv Kaze is working hard at coming up with suggestions for owner Irv Levin's consideration in regard to the coaching staff.

The Name is up to us. We, Thee and me. The citizens of this modern day Camelot by the Bay. Irv Levin says "let the folks pick the name. It's gonna be their team, too."

And so it came to pass that Irv Kaze has invited all hands, the ship's cook and anybody else who likes to come up with something original to try and fix the tag on the San Diego Basketball club.

You gotta skip names like the Padres, Friars, Sails, Mariners and such, 'cause they're either in use or have been and folded away with a loser.

One local writer suggested the Dons, but that is also the name of a local High School athletic team and the guys and gals at University High might not like some new kid on the block coming along and pilfering their well defended nickname.

Anyway, someone ought to come up with a better name than the "Dons." That makes the team sound like something out of the Godfather.

It'll be worth the effort for one and all to take a crack at naming the new club. The winner of this broad guessing game will get two season tickets for all home games at the Sports Arena. Runners-up will get an assortment of prizes, including an all-expense paid trip with the team to the Bay area to watch San Diego stalwarts do battle with the Golden State Warriors.

Deadline for getting in your name has been set for August 1st and the final decision will be made by officials of the team. Just send your dreamed up effort to "Name the Team," c/o Sports Arena, 3500 Sports Arena Blvd., San Diego, Ca. 92110.

And both Irvs ask that you send a short statement of about 25 words (or less) giving your reason for selecting the name you send in.

In case of similar selections the best reason will mark the winner, so get hot and get those names and letters coming in.

I had fun trying to come up with a name for the new basketballers because I went to a team name reference file. Actually, I spent several hours happily perusing the team names listed in the official Over the Line Tournament program.

The "Old Mission Beach Athletic Club" did themselves proud with their OMBAC Silver Jubilee program and while the pictures are great, the four pages of team names are even better.

However, not many would fit a headline or pass a censor. More's the pity, because there is genius in those selections.

A quick check of the open women's division finds only one or two team names that could pass puritan muster requirements for newspaper home delivery. The Century Ladies and the Men's Open divisions are more limited (or better, depending on your point of view). Of course the Men's Century and Canardly groups have had years of experience and expected to be bad enough to be too good for basketball.

You'll just have to pick your own name selection and read the OMBAC team list for recreation. Besides, some of those "Over the Line" team names are just physically impossible.

Muncey, Thunderboats CBS Saturday Feature

CBS-TV's Sports Spectacular will feature the 1978 \$110,000 A.P.B.A. Gold Cup race Saturday before the largest national television audience in Unlimited hydroplane history.

"This marks the fourth consecutive year that the A.P.B.A. Gold Cup has been televised nationally," said George Byers, Jr., chairman of the Unlimited Racing Commission. "The audience has increased every year and will exceed the 1977 record of 6,620,000 U.S. television households."

Byers and Unlimited Radio-TV chairman Jim Hendrick headed the team which successfully negotiated a new 3-year contract this spring with Trans-World International on behalf of the Unlimited Racing Commission. TWI is the world's largest independent producer of television sports programs and represents the Unlimited division of A.P.B.A. in national television negotiations.

Bill Muncey of La Mesa, thunderboating's most successful driver, won a record seventh A.P.B.A. Gold Cup in his super-charged Rolls Royce-powered "Atlas Van Lines" in the gruelling 60-mile race July 2 at Owensboro, Kentucky. The victory was Muncey's 47th career win and his third straight on the 1978 circuit. He followed with a victory in the Indiana Governor's Cup race in Madison, Indiana, a week after the Gold Cup and is undefeated so far this season.

A perennial member of the NBA All-Star team, will co-anchor the 28-minute national telecast with Jim Hendrick, a versatile sportscaster who also directs Unlimited hydroplane racing's national radio broadcasts.

Air time on local CBS affiliate stations July 29 may vary and viewers should consult program listings for Sports Spectacular air time.

Last Appearance for 3 Baseball Teams

Season Winding Down For Visiting Teams

If you missed the recent series between the Padres and Chicago Cubs at San Diego Stadium you lost your chance to see the Cubs play the Padres until the two teams meet sometime next March during spring training.

The 12-game season series between the two clubs is over until next year and the Padres also wind up season series against the Pirates and Cardinals and throw in a 3-game set against the Dodgers before the 12-game homestand concludes August 2nd.

The Padres are 4-5 against the Pirates this year and would like some revenge after losing three tough games in Pittsburgh July 16 and 17. It marked one of the few times the Padres have been swept in a series this season.

The Pirates used to be known as the "Lumber Company" because of their hitting prowess, but under Manager Chuck Tanner pitching and speed have played a more important part.

John Candelaria, Bert Blyleven and rookie Don Robinson are three of the hardest throwers around and no base is safe from the stolen base antics of Frank Taveras, the "Pittsburgh Stealer" and Omar Moreno.

Not that the Pirates can't still beat you with their bats. People like Wilver Stargell, Bill Robinson and Dave Parker can hold their own with anybody.

Many baseball people feel Parker is the best all-round player in the game today.

Crashfest Damages 10 Autos at Speedway

Midnight oil will be burning in many area garages this week as the super stocks prepare for another Saturday night show at Cajon Speedway.

The 3/8 mile paved oval was the scene of a crashfest in Saturday's 40-lap main event which saw only 10 of the 22 starters still around at the end of the marathon event.

The feature usually takes about 20 minutes to run, but last week the event took more than an hour.

Race time Saturday night will be at 8 o'clock, with the first of 2 trophy dashes kicking off the action. 4 heat races will follow before the limited stock race, and the B and A Main Events for the super stocks.

Badly bent machines last week were suffered by Mark Norris, George Behlman, Jim

The Padres handled the Bucs two out of three when the teams met in San Diego May 12-14.

The St. Louis Cardinals, having one of their worst seasons in recent history, invaded the stadium for a 3-game weekend series the weekend of July 28-30.

The Cardinals expected to contend for the National League East title in 1978 but things have not gone well.

It doesn't mean the Redbirds don't boast some interesting players. Switch-hitting catcher Ted Simmons is still one of the most feared hitters in baseball. Future Hall-of-Fame Outfielder Lou Brock returns to the Stadium where last August he broke the immortal Ty Cobb's all-time stolen base mark.

To be exact, August 29 was the date.

Two former Padre outfielders will also be on hand. Jerry Morales, who first saw action as a Padre in San Diego's first major league season of 1969 and the Padres Player of the Year in 1977, George Hendrick. The Padres are 6-3 against the Cardinals in 1978 and swept the Redbirds 3-0 straight when the two teams last met in San Diego May 15-17.

A 3-game series against the Los Angeles Dodgers the nights of July 31, August 1, 2 conclude the 12-game homestand.

The series against the Dodgers begins another gruelling stretch of 13-straight games against only Los Angeles and Cincinnati.

Whitt, Mark Stahl, Mike Greenwell, Carl Simon, Eddie Bryans, Mark Meech, and Ralph Dineen as 3 yellow flags and 2 red flags slowed the main event action. Most of the drivers will have their machines repaired by this Saturday night it is thought.

Gary Crossland won last week's battle scarred main event and will return this weekend seeking his second win of 1978.

The win boosted the Lake-side mechanic back into second points place passing veteran George Esau. The 2 sea-sawed back and forth in runner-up spot for more than a month.

Qualifying for the expected field of 45 machines will be at 6:30. An added attraction this weekend at the track will be a 10-lap mechanics race.

New Stables Scheduled For Rancho San Diego

Rancho San Diego Stables will be established on the site of the former Monte Vista Stables, August 29 when Marjorie W. Armour takes over the operation of the 800 acre equestrian center, according to Frank R. Parks, general manager of Rancho San Diego.

The stables are located immediately south of the junction of Campo road and Jambucha road, at the main entry to the 4,620 acre Rancho San Diego. Nearby are the ranch's administration offices and Cuyamaca College, due to open this fall.

Parks said that the enlarged program of activities to be offered by R.S.D. Stables will require new facilities including a dressing ring, two riding rings, spectator seating, and corrals as needed for boarding privately owned horses.

Armour, who will own and operate the stables on land leased from Rancho San Diego, will move her Armour School of Riding in Bright Valley Farm from El Cajon. Her horse experience came early. She was 2 years old when her father first put her on a horse on a farm near Ashtabula, Ohio.

She came to Bonita 21 years ago, then moved to El Cajon where she and her late husband started Bright Valley Farm in 1962.

Armour says she intends to turn the stables into a top-flight equestrian center.

Moondog Seeks Wrestling Title In Friday Match

After the Great Goliath and Carlo Mata meet in a professional wrestling match Tuesday at the Coliseum Goliath will put on an exhibition with the referee — if he comes out of the first fry unscathed.

The referee, making a guest appearance, is none other than the super-star wrestler of the 60's and former holder of the world championship — good ol' Freddie Blassie. It should be a good exhibition.

Then there's a team title match in which Hector Guerrero puts his belt on the line against Moondog Mayne the challenger. As an additional inducement the loser will be required to leave town.

The tag team match, always popular, lists Roddy Piper and newcomer Tony Rocco testing Tonga and Gamma Singh.

Pak Choo and Black Gorman will have a go in a conventional bout.

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Sockers in NASL Playoffs

The San Diego Sockers were well into their third winning streak of the '78 North American Soccer League season, as the week began, having won their 3rd straight in preparation for the post-season playoffs in August. They clinched a play-off spot Sunday when Detroit edged California Surf 2-1.

San Diego scored 12 goals in their 3 victories, getting maximum points in each game, and bringing their season total to 145, for a 43 point lead over the California Surf. Prior to meeting San Jose in a Wednesday night game, the Sockers needed only 3 points in their remaining four games to clinch the American-Western Division title — a goal they were certain to reach.

The scheduling has definitely been in favor of the Sockers in the last quarter of the season. Three of their last five games are against teams who currently rank fourth in their respective divisions, and one, Los Angeles, has already fallen 4-3. They are guests of the expansion Colorado team on July 30. The Sockers return home for their final 2 games against Dallas (August 3) and Vancouver (August 6).

4 Sockers have been carrying the offensive load during the latest winning stretch, and it appears that the team is just hitting their stride before facing playoff competition. Julie Veech has exploded for 10 points on 3 goals and 4 assists, and his season total of 13 assists are a new team record.

His 27 points on the year are tied with the team's goal-scoring leader, Walker McCall, who has 9 points in the last 3 games, and 10 goals in 16 games. Jean Willrich also has tallied 9 points in the streak, having 2 games in which he has had 3 assists.

'Secret' Fish Hole At Sutherland Lake

Fishermen in general and bass fishermen particularly are regarded as a secretive bunch. They are usually able to keep their favored bait a precisely guarded secret. Sometimes the secret involves a productive "hole" they have found, according to the S.D. Park and Rec. Dept.

A mystery lake is Sutherland, a scenic 520 acre impoundment 8 miles east of Ramona. Fishing there got off to a slow start and few anglers have been visiting the site thinking fishing was poor. An average crowd has consisted of about 75 people 65 of whom are interested in channel catfish or bluegill. The remainder has been made up of 10 of San Diego's cagiest bass fishermen.

Led by a small contingent from the Road Rangers and Southland Bass Club, bass fishing has been excellent. Plastic worms, crank baits, shiners have all produced well.

The fact that there have been no huge fish coupled with the tendency of many fishermen to release their catch has kept Sutherland bassing a secret.

Lake Murray, closed since last summer, is now open from 7 a.m. to sunset daily throughout the summer. There is no boating or concession service. Anglers are required to fish from the shore.

There will be no fees charged for use of the lake.

Newcomer Klaus Wolf has played only 5 games for the Sockers, but scored 7 points and had 2 game-winning goals. Two other Sockers rank in double figures, with Pete Nover at 12 points and Yilmaz Orhan, another late arrival, with 11 points.

Goalkeeper Alan Mayer continues to lead the NASL in saves with 190 after 26 games, and his 1.82 Goals Against Average

puts him in the middle of American Conference 'keepers. Mayer also has 5 shutouts on the season, and will be looking to equal his career high of 7, having 3 regular season games remaining.

Captain Jan Van Der Veen is eligible for the Sockers remaining games, as a previous error by the NASL office suspended him for 5 games instead of the correct 3.

Bullfights Move to Seaside Arena

The bullfights move to the plaza by the sea Sunday with a top cartel to launch the second half of the Tijuana season.

Matadors Curro Rivera, Mariano Ramos, and Jorge Gutierrez will each face two bulls of the illustrious San Miguel de Mimihaupam ranch beginning at 4 p.m. in the 22,000-seat Plaza Monumental de Tijuana.

These same 3 toreros were the main stars of the winter campaign in Plaza Mexico, largest bullring in the world.

The most outstanding deed was by Rivera, 26, of Mexico City. On July 9 in Plaza Mexico he drew a superb Campo Alegre bull and then fought it so well that the bull's life was spared, while Curro received symbolic ears and tail.

Bulls' lives are rarely spared in Mexico City. This corrida, the Golden Sword Bullfight for stars of the season, included Ramos, who won an ear. The

Preseason Grid Starts Saturday

The 57-game preseason schedule of the National Football League opens Saturday when the Miami Dolphins and the Philadelphia Eagles meet in the annual AFC-NFC Hall of Fame game at Canton, Ohio.

Kickoff will be at 3:30 p.m. (EDT) with national television coverage by ABC.

Earlier in the day, the Hall of Fame will induct its five new members: Lance Alworth, Weeb Ewbank, Alphonse (Tuffy) Lemans, Ray Nitschke and Larry Wilson.

In addition to inaugurating the 1978 preseason, the Hall of Fame game will mark the debut of a seventh official, the Side Judge, on a permanent basis.

In 1977, the HOF game was the first of an eight-game preseason experiment on the use of the Side Judge. The NFL has operated with 6 game officials since 1965, when the Line Judge was added.

This year, a study concerning the use of instant replay to aid game officials will be undertaken during the 7 nationally televised preseason games. The "dry run" study will be evaluated and a report made to member clubs following the 1978 season.

Here are the guidelines on how the instant replay study will be conducted:

— League representatives will chart the game from a booth, which will be equipped with a monitor of the network telecast.

— The representatives will note any replays which might have aided the officiating crew.

— The time required to reach a decision via instant replay will be tabulated.

— There will be no communication with the game officials.

sword—a trophy—went to Rivera.

Rivera won two ears February 11 in the Mexico City opener, in which full-fledged matador Manolo Martinez was the sponsor.

On the following day, Ramos, 25, of Mexico City was the star, matching Rivera's two-ear performance.

Gutierrez, who lost possible awards on opening day because of sword trouble, did not receive another opportunity there until July 2. Then he took full advantage of the chance and turned in one of the season's finest exhibitions with the muleta. Jorge, looking like a veteran instead of a beginner, killed well this time, and he won two ears.

So Gutierrez, Rivera, and Ramos won more than half of all awards given this season in the Mexican capital.

Gutierrez will be making his Tijuana debut. He was the undisputed star of the 1977 novice season in Mexico City and generally is regarded as a sure bet for stardom.

Memorial Tribute On Tap at SB Oval

Super and street stock car drivers of the South Bay Racing Assn. will pay a memorial tribute Saturday night at a special racing program on the quarter-mile oval at South Bay's Speedway 117.

Memorial plaques will be presented to the families of Merle Snelling, Ted Kallos and "Moyto" Inez Valencia in memory of their contribution to the sport of auto racing in the San Diego area.

The awards will be made by S.B.R.A. president Rick Powell and S.B. Park Speedway 117 promoter Don Basile.

Gates open at 6 p.m. for the doubleheader, time trials will begin at 7 and the first of two trophy dashes set for 8 p.m.

Snelling had been a long-time participant in stock car competition in the Southern California area. His son, Ken, is one of the leading contenders for the 1978 super stock car title at South Bay.

Valencia was devoted to a two-country racing project, involving drivers from Mexico and the United States. He was well liked in associations in San Diego and Tijuana.

Kallos was recognized as a strong competitor in super stock car action in the San Diego area.

Powell said that several drivers from the Tijuana area will see action in the special program.

Top entrants from the street stock ranks include H. D. Jackson of Spring Valley.

... And More Deadly
Male spiders usually are smaller than females.

Race Track Sets Charity Golf Play

110 celebrity and amateur golfers will tee-off for charity at 11 a.m. Saturday at Los Alamitos in the 8th annual Dick Whittinghill Invitational Tournament.

82 amateurs and 22 show business and sports stars will be playing for the benefit of the cancer unit at Long Beach Community Hospital.

Golf tickets, \$4, will be on sale at the course and are good for both the tournament and the quarter horse races at Los Alamitos that evening.

The entire event is made possible by Millie Vessels, owner of both Los Alamitos Country Club and Los Alamitos Race Track.

Confirmed celebrities playing in the tournament include Scatman Crothers, Claude Akins, Jerry West, Bob Boyd, Gil Stratton, Fred Hessler, Billy Barty, Leslie Nielsen, George Savalas, Dennis James, Buddy Rogers, James Gregory, David Huddleston and Jim Murray.

Contest Deadline Near for Team Name

Basketball fans are invited to join in choosing a name for San Diego's new National Basketball Assn. team, according to Irv Kaze, vice president for operations for the franchise.

Selections should be mailed to the "Name the Team" Committee, 3500 Sports Arena Blvd., S.D. 92110.

Included should be a short explanation (25 words or less) why the name was selected. If duplicates occur, the explanation will be the tie-breaker.

Winner will win 2 season tickets for the new team which begins its season in the Fall at the Sports Arena.

Other prizes will be given to runners up including an all-expense paid trip with the team to the Bay Area when they play the Golden State Warriors. Deadline is Tuesday.

The appointment of Kaze was announced earlier by Irv Levin, president of the team. Kaze has long been affiliated with major league sports and is popular with the sports media. He was formerly business manager and assistant to the president of the S.D. Chargers football team before joining baseball's National League office as administrator of communications.

Matchbox Car Race Open to Youngsters

They're all original in shape, size and design. The only thing they have in common is the fact that they are powered by wheels and a boy's enthusiasm.

They're model match box cars designed and built by boy members to compete in the annual inter-club Match Box Derby hosted by the Clairemont Branch of the Boys' Clubs of San Diego, Inc., 4635 Clairemont Mesa Blvd., Saturday.

Craft judging will begin at noon and the first elimination heat is scheduled for 1 p.m. All cars must be registered by 11:45 a.m.

The derby is open to all members and is divided into 4 competing age groups: 6-8, 9-11, 12-14 and 15 years and older. All entries must be constructed in the shop departments at the Boys' Clubs.

Contact is Larry Nenna, 273-1645.

Purse for LosAl Track is \$400,000

LOS ALAMITOS—The west coast's fastest 2-year-olds, led by Robert Spreen's high powered entry of Easy Treasure and Wranglers Ridge, head the week's activity at Los Alamitos Saturday when they race for a gross purse of \$400,000 in the Kindergarten, the richest quarter horse race ever on the west coast.

Also expected to make a challenge for the rich purse on Saturday night are the top two finishers in the Southwestern Futurity at Rillito in April, Boonanza and Sizzle Te. Boonanza has never been off the board in his five career starts with two wins, two seconds and a third against stakes company. Sizzle Te, who was second in the Southwestern Futurity, won his Kindergarten trial in 20.34 for his fourth win in five lifetime starts.

A long-time resident of San Diego, Kaze maintained a home here although his most recent post with Robert Landau Associates (a division of Kenyon & Eckhart Advertising Agency) kept him in New York most of the last 2 years. In New York, Kaze coordinated the national Pitch, Hit & Run program for Major League Baseball's official youth program.

Wilson-Provo Top Fri. Card at Coliseum

Ronnie Wilson, popular light heavyweight of El Cajon, is at the crossroads. Extremely popular and capable, he is putting a lot on the line Friday night when he meets Lenis Provo, 8-0, in a boxing match at the S.D. Coliseum.

Wilson's 75-25-4 tells of his experience but he suffered a defeat at the hands of Provo late last month in the Coliseum's main event.

"I wasn't up for the fight. I wasn't ready," Wilson said. Later, when he talked to Eddie Fuentes, the Coliseum matchmaker, he said he wanted a rematch with Provo. "I should have beat him," he said. Friday, he'd better. If Wilson loses, he will have trouble getting headliner scraps locally.

Provo, a Marine sergeant, is one of the brightest young fighters to show at the Coliseum this year. Wilson may be more optimistic than he should. But it'll be a good scrap whoever wins.

Rickey Weigel, a local middleweight fighter who has won

8 in a row at the Coliseum, is returning to lengthen his string in an 8-rounder against Frank Battaglia of L.A.

The surprising Mike Hickman, nee The Surfer and now a cultist under the nom d' cult of Mica Tru, is meeting Dean McCartin of L.A. in a 4-round middleweight bout. Tru, of S.D. is a vastly improved fighter and exhibited his newfound talent last month at the Coliseum.

Brasheer Wadoo of S.D. tackles Reggie Phillips of L.A. in a 4-round heavyweight bout and a couple of amateurs — Antonio Cadena and Salvano Sevela — will mix it in a lightweight scrap.

Promoter Danny Millsap has scheduled Friday's card as women's and kids night with all women, escorted or not, admitted free. Youngsters under 12 will also get in without charge but must be accompanied by an adult.

Gongtime is 8:15. The Coliseum is at 15th and E streets downtown.

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469-0101

SD Actress in 'Born Yesterday'

Nanci Hunter Steals Show

By Ardis McCullough

One of Broadway's most respected hits, the Garson Kanin play "Born Yesterday," is in a July 19 through August 20 engagement at the Fiesta Dinner Theatre in Spring Valley.

Opening night, Director Frank Wayne said "It's a difficult show to put together in a week. The cast has worked hard. Ralph Meeker is tremendous."

The three acts are set in a plush, \$235 per day hotel suite in Washington, D.C. Ralph Meeker vehemently plays one of gangsterland's top men, Harry Brock, who is in D.C. to consummate underhanded deals involving a senator.

Hot-tempered and ruthless, Harry cares nothing about the needs of others—including his moll, Billie Dawn.

The ex-chorus girl, who has lived with Harry for eight years, is bombastically portrayed by San Diegan Nanci Hunter. She brings life to the slow-moving antics involved in the games hoodlums play. Her uninhibited and lively interpretation of Billie's awakening flowed directly to the full house of dinner theatre guests. With her body language and her strident voice she won their hearts and stole the show (legally) as Kanin intended.

Handsome Sean Garrison as newsman Paul Verrall dramatically brings the dawning to Billie when hired by Harry to smooth out her rough edges.

Child Safety Program Offered

A Health and Safety Course for youngsters K through 3 is being given by the La Mesa Parks & Rec. Dept. beginning Tuesday.

Classes will be held Tuesday and Wednesday each week for 3½ weeks 10-11 a.m. in the TV Room at 4975 Memorial, McArthur Park, La Mesa. Classes will emphasize safety around and in water, fire, health and growth programs. Certificates will be provided. Fee is \$1.

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Paul is a pure-minded newsman who aspires to stamp out all that Harry Brock represents—illiteracy, violence, hatred and deception.

Quick to learn, Billie begins to resist Harry. And when he slaps her for refusing to obey, she slaps back by giving incriminating files to the press and by giving Harry a speech about human rights and political integrity.

About the players: Ralph Meeker's roles have included "Jeopardy," "Paths of Glory," "The Detective," "The Dirty Dozen," and "The Anderson Tapes." Television has guest-starred him in "Alfred Hitchcock Presents," "Playhouse 90," "Ironside," "After the Fall," and "Mr. Roberts."

Nanci Hunter is a veteran of many local theatres, and cites roles in "South Pacific," "Sweet Charity," "West Side Story," and "The Wizard of Oz," as well as several television appearances.

Sean Garrison has appeared on most major television series, including "Big Valley," "Alias Smith and Jones," and "Mannix."

The cast also includes Jack G. White as Harry's legal advisor, remembered by local theatregoers for his numerous community theatre roles, and over 35 Starlight Operas. He recently appeared in Fiesta Dinner Theatre's production of "The Impossible Years."

Tom Lagrua as Harry's flunkie, Burt Miller as Senator Hedges, Flora Richards as Mrs. Hedges, and Dag MacLeod as the bellhop—all San Diegans and Fiesta veterans—complete the cast and bring believability to their roles.

Dag MacLeod is a member of Fiesta's technical staff and works with set construction when not bellhopping. A student at Monte Vista High School, he was recently elected President of the school's Thespians Society.

Planning to build a theatrical career, MacLeod said "Working with professionals is a great experience for me. I have enjoyed working with Fiesta's owners, Joe and Lois Stevens, who are very dedicated to their work."

Admission for Fiesta's "Born Yesterday" is \$9 for Wednesday matinee and Sunday Brunch; \$10 on Tuesday eve; \$11.50 on Wednesday and Thursdays eves; \$12 Sunday and Friday eves; and \$13.50 on Saturday evening.

Theatre is dark on Monday evening. For reservations, visit the theatre at 9665 Campo rd., or call 697-8977.

Flee-r Flies

A jack rabbit, fleeing from danger, may cover 15 to 20 feet at a leap.

It's Your Money

By John Foley



ECONOMIC LOSS from auto accidents in the U.S. was \$47.7 billion last year, up from \$40.9 billion in 1976 . . . BoFA is the No. 1 Agri lender among banks in the world, over \$2 billion last year, mostly in California.

SLIGHT RECESSION down under — New Zealand reports 3.07 per cent of its work force is unemployed; highest since 1930 . . . National Association of Realtors states that the price of condos has kept pace with the cost of single-family dwellings.

PROMISES and 35 cents will get you a cup of coffee. Pres. Carter says the BALANCED BUDGET will have to wait until after 1981 . . . Prop. 13 figures to save the **BANKS** in California about \$16 billion in local business taxes . . . U.S. Agri Dept. says many of the nation's farmers will "unplant" acreage in an effort to raise farm prices.

75 PER CENT of all homes cost U.S. homebuyers more than \$40,000 in 1977; 36 per cent were first-time buyers . . . Home mortgage interest rate up again in MAY, sixth month in a row and are now at an average of 9.37 per cent nationwide.

SHADES OF NIXON — China-U.S. trade more than doubled last year, up to \$700 million, according to Secretary of Commerce Kreps . . . **BIG BUSINESS DEPT.** — **VISA** and **MASTER CHARGE** handle more than 90 per cent of the credit card business in the world (\$124.7 billion) . . . **OPEC** says an increase in the crude oil prices is a **MUST** — at least 5 per cent — to offset inflation and the drop in the U.S. dollar.

CALIFORNIANS ARE WONDERING — nothing specific yet on Gov. Brown's plan to "limit government spending" as he announced recently on TV — maybe August or September, just before election time (hmmmm . . .) . . . The Federal Reserve Board is now considering a plan to pay member banks interest on their reserves — too many members leaving the fold.

HURTING just a bit more? Construction people say that **LAND** costs for single family dwellings is now more than the cost of money . . . **IS GAS RATIONING** just around the corner? Two gallons a day for U.S. motorists just in case of another **OPEC embargo**? . . .

Some members of the California legislature want **JARVIS** to support a bill to force **LANDLORDS** to return up to 80 per cent of the "bennies" they received under Prop. 13 to the tenants . . . UCB says California corporation profits were nearly double the rate of comparable corporations nationwide during the first quarter of 1978 . . . The American Bankers Association is not sure that Americans will **USE** the new \$1 coins which are intended to offset the cost of printing \$1 bills.

THE AMERICAN DREAM is disappearing; new car, bigger house, college education for the kids are rapidly becoming too expensive for an increasing number of "middle-class" Americans, according to a recent nationwide survey of advertisers.

THE FIRST Lemon trees in Lemon Grove were planted in 1892. Most of the orchards have since disappeared — progress, you know! Lemon Grove claims 342 sunny days and "The Best Climate on Earth."

Stretchers 'n' Flexers To Benefit Old Globe

Fans of fitness and fine theatre are invited to flex their fund-raising muscles by becoming charter members of Globe Watchers, a shape-up program designed to build up funds for the Old Globe Centre for Performing Arts.

Registration for the novel weight reduction group will be held at a "Cucumber and Perrier" party August 1 from 1 to 5 p.m. to 7 p.m. on the Old Globe greensward in Balboa Park.

The low-calorie, high-energy program is an offshoot of the weight loss campaign initiated by La Mesa Globe Guilders Maggie Mazur.

Mrs. Mazur successfully sought sponsors who would pledge a sum of money to the Old Globe campaign for every pound she lost. With pledges to date of approximately \$400 per pound, Mrs. Mazur's effort could net the Old Globe more than \$20,000 by the end of the summer.

"Globe Watchers is a fun, healthful way to dump the plump," said Mrs. Mazur who has steadily lost one one-half pound a day since beginning her program in June. "We'll have weekly meetings, share exercise and diet tips form experts, and enjoy the spirited camaraderie that comes from working together on a good cause."

"Most importantly, we'll help raise funds needed to make the Centre for Performing Arts a reality," she added. "Since everyone involved is do-

nating their services, all proceeds will go to the campaign's coffers."

At the weekly meetings in Balboa Park, Globe Watchers will bend and stretch to an exercise program led by Katherine Scott, a fitness specialist with the Golden Door. The regimen was designed to renew flexibility by Deborah Mazzanti, founder of the nationally famous spa and co-chairwoman of the Centre's fund raising campaign.

After the exercise session, nutritionist Jeanne Jones of La Jolla will share diet and health tips and a calorie-conscious recipe-of-the-week taken from one of the three diet cookbooks she has authored. Both Mrs. Jones and Ms. Scott are donating their services.

Charter members of Globe Watchers who sign up and weigh-in on August 1 will be charged a \$5 registration fee. Subsequent meetings will cost participants \$2. In addition, Globe Watchers will be asked to contribute 50 cents to the campaign for every pound they lose during the fall.

All fees will be turned over to the campaign to rebuild the Old Globe Theatre, destroyed by fire in March, and build a new Festival Theatre in Balboa Park. Cost of the Centre is estimated at \$6.3 million.

For additional information on Globe Watchers, contact Mrs. Mazur at the Old Globe Centre for Performing Arts, P.O. Box 33838, San Diego, CA 92103, or phone (714) 231-2418.

THOMAS DISPOSAL SERVICE

6670 FEDERAL BLVD.
LEMON GROVE

For Disposable Plastic
Trash Bags

287-4230

LOW PRICES

Bags may be picked up at our office for \$4.95 between 8:30 a.m. & 4:30 p.m. Delivered at \$5.25. Tax included.

HomeFed Loans Top \$711 Million, Record

Home Federal Savings & Loan Assn. reports a record loan volume of \$711 million for the first 6 months of 1978, according to Home Federal President Kim Fletcher.

The figure includes real estate and consumer lending and represents an 11 percent increase over the \$636 million total for the same period last year.

"We noted a dramatic increase in construction loans," said Fletcher. Our construction lending for the six month period topped \$216 million, a 64 percent increase over last year.

"The strong inflow of savings from our depositors helped us expand our real estate and consumer lending," he said. "Net savings inflow was \$182 million, which was up 23 percent compared to this time last year."

Consumer lending volume, which includes mobile homes, home improvements, home-owner's equity loans, and student loans, totaled \$84 million, a 15 percent increase over the first six months of 1977.

Youth Symphony Offers Strauss Waltzes, Polkas

"A Night in Vienna" featuring a full symphony orchestra playing the waltzes and polkas of Johann Strauss, Jr. will be offered tonight and tomorrow night at the Balboa Park Club, sponsored by the San Diego Youth Symphony Association.

The event, including a no-host bar, wine and free hors d'oeuvres, will run from 8:30 p.m. to midnight each night. The orchestra will be under the direction of Maestro Louis Campiglia, and decorations with the flavor of Old Vienna are contributed by Rod O'Quinn.

Admission is \$10 per person, with period costumes optional.

Briton to Address Women's Political Caucus

The National Women's Political Caucus of San Diego County (NWPC-SDC) will hold its monthly meeting August 2 at 7:30 p.m. in the Community Hall of the College Grove Shopping Center. The guest speaker will be Rosemary Pockley, a Borough Councillor for the City of Fareham, England. She will discuss the role of women in local politics in England.

The NWPC of San Diego County is a bipartisan organization which represents a broad cross section of individuals. Its primary goals include: raising women's issues in political campaigns and at all levels of government, electing qualified (feminist) women to public office and teaching women to be politically effective.

Mail Bag

Cub Scout Olympics

Dear Editor:

Gold, silver and bronze medals were given to participants at the 6th annual Cub Scout Olympics held recently at Monte Vista High school. More than 400 persons attended the all-day event.

The shortest event of the day was swimming in which 75 per cent of all the boys took part.

Nearly all of the cubs took part in the track and field events with Pack 331 of La Mesa winning the special bonus event of the day.

The annual Cubmaster tri-cycle race was won by Pack 307 Cubmaster Bill Whitney. And for the first time there was a female Cubmaster—Santee's Pack 380. Den Leaders annual dry-land ski race was won by Pack 307's Bill and Karen Whitney and Pack 364's Debbie Gance.

Webelo leaders' tug of war team easily outbuled the Committee Members'. Cub Masters' team while field events were won by Ralph Villipando, Marion Evans, Jo McCart and Jerry McCart.

Track event winners were: Steve Jones and Kathy Jones. Swimming: Karen Whitney. Special events: Dick Penick and Vicki Gourlie. In charge of refreshments were Laverne Heauber and Bill McCraven.

Patricia Biagini, for Cub Olympics Committee

Big Business

World-wide military expenditures have now reached \$400 billion a year, according to the Stockholm International Peace

Free Child Care Offered To Volunteer Blood Donors

Free child care will be available to blood donors at the San Diego Blood Bank, Monday through Friday from 10:30 a.m. to 12:30 p.m. throughout the summer. The program will be staffed by members of the Rainbow Girls San Diego Assembly No. 129.

This program will supplement the Blood Bank's current child care service offered regularly on Tuesdays 9:30 a.m.

SD Military Gets 79 Million Fed \$\$

The Senate has added nearly \$5 million to a House-approved authorization for military construction projects in the San Diego area, Rep. Lionel Van Deerlin, said.

A House-Senate conference is expected to be convened shortly to reconcile differences in the two bills.

Van Deerlin said of the \$108 million authorized by the Senate measure for San Diego County, \$79 million—or 73 percent of the total—is for projects within his South San Diego/South Bay district.

Actual appropriations could be considerably less, however, since an authorization simply sets a statutory limit on the amounts that can be subsequently appropriated.

Items added by the Senate in voting on July 12 were \$4.1 million for 2 fuel lines running from Point Loma to North Island and \$850,000 for modernization of academic instruction buildings at the Naval Training Center.

LEGAL NOTICES

NOTICE TO CREDITORS
SUPERIOR COURT OF CALIFORNIA,
COUNTY OF SAN DIEGO
No. 118111

ESTATE OF MELVIN S. BROWN, also known as MELVIN STANLEY BROWN, Deceased.

NOTICE IS HEREBY GIVEN to the creditors of the above-named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above-entitled court, or to present them, with the necessary vouchers, to the Administrator at 5201A Ruffin Road, San Diego, CA 92122, which is the place of business of the Administrator in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice. Dated: July 24, 1978.

W. E. THACKER
Administrator of the estate of the above-named decedent
DONALD L. CLARK, COUNTY COUNSEL
By Judith May Copeland, Deputy
Attorneys for said Administrator
5201A Ruffin Road
San Diego, CA 92123
565-5494
JUL 27 1978

NOTICE OF INTENTION TO VACATE AND ABANDON PUBLIC NOTICE IS HEREBY GIVEN that the City Council of the City of Lemon Grove, California adopted a resolution on July 17, 1978 declaring its intention to vacate and abandon the following described portion of a public alley:

Parcel 75-0307-A. Those portions of Lots 6 & 7 in Block 1 of San Diego Terrace No. 2 in the County of San Diego, State of California, according to Map thereof No. 1609 on file in the Office of the County Recorder of said County, described as follows:
The South 12.4 feet of said Lot 6 and the North 7.6 feet of said Lot 7.

The Council has fixed Monday, August 7, 1978, at 2:00 P.M. in the Council Chambers located at 3146 School Lane, as the time and place for hearing on said resolution of intention. At subject hearing, any interested party may appear and be heard.

For further details, reference is hereby made to said resolution of intention on file in the office of the City Clerk, 3568 Main Street, Lemon Grove, California.

Karen Thomson, City Clerk/Treasurer
Lemon Grove Review, July 27, 1978

NOTICE TO CREDITORS
No. 117919
Superior Court of the State of California, for the County of San Diego

In the Matter of the Estate of EVELYN G. BALLARD, Deceased. Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of Minnie M. Maguire, 4275 Alta Mira Drive, La Mesa, California 92041, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within four months after the first publication of this notice. Dated July 18, 1978.

Naomi Marshall
Executor(s) of the will of said decedent
MINNIE M. MAGUIRE
Attorney-at-Law
4275 Alta Mira Drive
La Mesa, CA 92041
465-7177
R 32318 Spring Valley Bulletin
July 27; Aug. 3, 10, 17, 1978

FICTITIOUS BUSINESS NAME STATEMENT

Assigned File No. 78 10284
The following person is doing business as: Innovation Builders at 2233 El Prado Ave., Lemon Grove, CA. 92045
Gregory Lee Achtellick, 2233 El Prado Ave., Lemon Grove, CA. 92045

This business is conducted by an individual.
Signature

Gregory Lee Achtellick
This statement was filed with the County Clerk of San Diego County on July 25, 1978.
Statement Expires Dec. 31, 1983
Lemon Grove Review July 27, August 3, 10 & 17, 1978

to 3 p.m. and Fridays 9:30 a.m. to 1 p.m.

"The child care program is being instituted on a daily basis to provide more women the opportunity to become active blood donors," said Millie Asprion, volunteer coordinator at the San Diego Blood Bank. "We have found that many of the on-call donors are unable to leave their children during the day to come into the Blood Bank when they are needed."

Those who wish to take advantage of the child care service in order to donate blood are requested to call for an appointment at the San Diego Blood Bank, 296-6393.

VFW Schedules Dinner

The Mission Valley VFW Post and Auxiliary No. 3787 will hold a dinner at the Post Home, 4370 Twain, San Diego, at 7 p.m. Friday. Mrs. Jean Rinner, senior vice president of the auxiliary, reports that the proceeds from the dinner will be spent to defray cost of the annual Mission Valley VFW picnic to be held August 13th at Santee Lakes.

Saturday noon Mission Valley Ladies' Auxiliary will be hostesses at the First District School of Instruction at the Post Home.

Mrs. Toni Araujo, First Dist. President, will bring her corps of officers and chairmen, who will instruct all chairmen and officers of VFW Auxiliaries throughout San Diego County in the programs of the VFW.

LEGAL NOTICES

NOTICE OF INTENTION TO ENGAGE IN SALE OF ALCOHOLIC BEVERAGES

To Whom It May Concern: Subject to issuance of the license applied for, notice is hereby given that the undersigned proposes to sell alcoholic beverages at the premises, described as follows in the space provided below:

8131 Broadway
Lemon Grove 92045

Pursuant to such intention, the undersigned is applying to the Department of Alcoholic Beverage Control for issuance of an alcoholic beverage license (or licenses) for these premises as follows:

SPECIFY ALL LICENSES APPLIED FOR AS NAMES OF LICENSES APPEAR ON APPLICATION IN THE SPACE PROVIDED BELOW

ON SALE BEER AND WINE, EATING PLACE

MINICOLA, Heidi M. & Victor E.
R 32340 Lemon Grove Review
July 27, 1978

NOTICE OF INTENTION TO ENGAGE IN THE SALE OF ALCOHOLIC BEVERAGES

To Whom It May Concern: Subject to issuance of the license applied for, notice is hereby given that the undersigned proposes to sell alcoholic beverages at the premises, described as follows in the space provided below:

8253 Broadway
Lemon Grove, 92045

Pursuant to such intention, the undersigned is applying to the Department of Alcoholic Beverage Control for issuance of an alcoholic beverage license (or licenses) for these premises as follows:

SPECIFY LICENSES APPLIED FOR AS NAMES OF LICENSES APPEAR ON APPLICATION IN THE SPACE PROVIDED BELOW

ON-SALE BEER AND WINE, EATING PLACE

LIZALDE, Milo Mr.
R 32341 Lemon Grove Review
July 27, 1978

Notice is hereby given that the Planning Commission of the County of San Diego will consider a proposed tentative subdivision map filed pursuant to the County Subdivision Ordinance at its regular public meeting in Room 358, County Administration Center, 1600 Pacific Highway, San Diego, California, at 9:00 a.m., Friday, August 10, 1978.

TENTATIVE SUBDIVISION MAP: T.M. 3714
SUBDIVISION NAME: KENWOOD PARK

TYPE OF DEVELOPMENT PROPOSED: One Lot Condominium Subdivision
OWNER/DEVELOPER: Ronald MacLeod

ENGINEER: Schwerin, Xinos and Associates
LOCATION: The north side of Kenwood Drive between Bancroft Drive and Helix Street.

TOTAL AREA: .33 of an acre.
NUMBER OF DWELLING UNITS: 7. NUMBER OF LOTS: 1. SIZE OF LOTS: .33 of an acre. EXISTING ZONING: R-3.

The purpose of this notice is to give property owners in the vicinity of the proposed development and other interested parties, an opportunity to be informed of the proposal prior to action by the Planning Commission. The Commission, when approving the proposed subdivision, specifies certain conditions which must be met in the construction of the subdivision. The Commission may under certain circumstances disapprove a subdivision proposal.

ENVIRONMENTAL STATUS: Negative Declaration on file for review (the project will not have a significant adverse effect upon the environment).
At subject hearing any interested party may appear and be heard.
ADDITIONAL INFORMATION: If you have questions about the proposal or wish to discuss the project with staff of the Department of Land Use and Environmental Regulation prior to the hearing, you may contact Betty Lane at 9150 Chesapeake Road, San Diego, Calif. 92123. Phone 565-5574.
Spring Valley Bulletin
July 27, 1978

NOTICE TO CREDITORS OF BULK TRANSFER
(Secs. 6101 — 6107 U.C.C.)
Notice is hereby given to the Creditors of ALFRED J. DE

Continued on Page 7

Stop in and See What's Old

WE BUY, SELL,
CONSIGN, TRADE

Daily

11 a.m.-5:30 p.m.

Mon. thru Sat.

Eves by Appointment

HIGH HOPE ANTIQUE SHOP

Special this Week
CHILD'S ROLL-TOP DESK \$150

Gifts, Collectibles, Primitives

Oak Washstand
Pine Ice Box
Oak Hoosier Cabinet
Pine Apothecary Chest
Penn. Dutch Pine Shelf
Oak China Cabinet, Beveled Glass
Oak Highboy, Beveled Mirror
Pine Deacon's Bench
"Stock" Player Piano
J & P Coats Spool Cabinet
Oak Smoking Stand
Pine Hutch Table, 6 Penn. Dutch Chairs
Ladder Back Oak Rocker
Pine Jelly Cupboard
Oak Sewing Machine
Oval Walnut Lamp Table

PineWood Box
Wicker Baby Carriage
Carousel Horse, Circa 1902

Gifts, Collectibles, Primitives

Royal Doulton Figurines
Carnival Glass
China Pigs
14 K Jewelry
Bisque Dolls
Biscuit Jars
Blue Willow
Stains
Beveled Mirrors
Pictures
Cats - Decoys
Boxes, Baskets, Copper and Brass
Applique and Patchwork Quilts

7921 BROADWAY, LEMON GROVE—465-7830

VISA and MASTERCHARGE

Member of Antique Dealers Association of San Diego County

LEGAL NOTICES

VRIES AND JUNE E. DE VRIES, Transferors, whose business address is 11759 Shadow Glen, El Cajon, County of San Diego, State of California, that a bulk transfer is about to be made to **ELSIE COSTA**, Transferee(s), whose business address is 1131 Persimmon Ave., El Cajon, County of San Diego, State of California.

The property to be transferred is located at 2842 Bancroft Dr., Spring Valley, County of San Diego, State of California.

Said property is described in general as: All stock in trade, fixtures, equipment and good will of that Coin Laundry business known as **SPRING VALLEY WASH AND DRY** and located at 2842 Bancroft Dr., Spring Valley, County of San Diego, State of California.

The bulk transfer will be consummated on or after the 7th day of August, 1978, at 800 A.M. at **GROSSMONT ESCROW CO.**, 7879 El Cajon Blvd., La Mesa, County of San Diego, State of California.

So far as known to the Transferee(s), all business names and addresses used by Transferee(s) for the three years last past, are: SAME.

Dated: July 14, 1978.
Signed by:
Elsie Costa Transferee,
R 32359 Spring Valley Bulletin,
July 27, 1978.

NOTICE TO CREDITORS
Superior Court of the State of California
For the County of San Diego
No. 117980

Estate of **MICHAEL BACA GABALDON**, Deceased.

NOTICE IS HEREBY GIVEN to the creditors of the above named decedent that all persons having claims against the said decedent are required to file them, with the necessary vouchers, in the office of the clerk of the above entitled court, or to the undersigned, with the necessary vouchers, to the undersigned at 9628 Campo Road, Suite "O", Spring Valley, California 92077 which is the place of business of the undersigned in all matters pertaining to the estate of said decedent, within four months after the first publication of this notice.

Dated July 21, 1978.
JOHN B. GABALDON, Executor of the Will of the above named decedent
RONALD L. SVALSTAD, Attorney at Law
9628 Campo Road, Suite "O", Spring Valley, CA, 92077
Attorney for Executor
Spring Valley Bulletin July 27; August 3, 10, 17, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9432
The following persons are doing business as: B & C Properties at 110 W "C" St., Suite 1305, San Diego 92101

Carl R. Brown, 5198 Pendleton St., San Diego 92109
Edward Cooper, 2612 Penrose St., San Diego 92110
This business is conducted as a General Partnership.

Signature: E. Cooper, Partner
This statement was filed with the County Clerk of San Diego County on July 10, 1978.
Lemon Grove Review July 27; August 3, 10, 17, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9441
The following person is doing business as: JEAN'S PLACE at 7905 Broadway, Lemon Grove, CA, 92045

Jean M. Miller, 3126 Chateau Way, Lemon Grove, CA, 92045
This business is conducted by an individual.

Signature: Jean M. Miller
This statement was filed with the County Clerk of San Diego County on July 18, 1978.
Statement expires Dec 31, 1983.
Lemon Grove Review July 20, 27; August 3 & 10, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9442
The following persons are doing business as: MARDERS STATIONERS at 7939 Broadway, Lemon Grove, CA, 92045

Eleanor Klein, 1840 El Prado Ave., Lemon Grove, CA, 92045
Leonard A. Klein, 1840 El Prado Ave., Lemon Grove, CA, 92045
This business is conducted by a General Partnership.

Signature: Leonard A. Klein, Co-Owner
This statement was filed with the County Clerk of San Diego County on July 18, 1978.
Statement expires Dec 31, 1983.
Lemon Grove Review July 20, 27; August 3 & 10, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9444
The following person is doing business as: METZ REFINISHERS at 3550 Buena Vista Ave., Lemon Grove, CA, 92045

Philip A. Metz, 1954 El Prado Ave., Lemon Grove, CA, 92045
This business is conducted by an individual.

Signature: Philip A. Metz, (Owner)
This statement was filed with the County Clerk of San Diego County on July 18, 1978.
Statement expires Dec 31, 1983.
Lemon Grove Review July 20, 27; August 3 & 10, 1978.

NOTICE OF FINDING OF NO SIGNIFICANT EFFECT ON THE ENVIRONMENT
Date: July 27, 1978

APPLICANT:
County of San Diego, California
1600 Pacific Highway
San Diego, California 92101
236-3419

TO ALL INTERESTED AGENCIES, GROUPS AND PERSONS:
The above-named County proposed to request the U. S. Department of Housing and Urban Development to release Federal funds under Title I of the Housing and Community Development Act of 1974 (PL 93-383) to be used for the following project: Valencia Street and Bancroft Drive Culvert Improvement, EAD Log No. 78-BG-17.

NATURE OF PROJECT AND PROJECT LOCATION: Replacement of two existing 6 x 5 foot reinforced concrete box culverts with two triple 8 x 5 foot reinforced concrete box culverts on Valencia Street between Central Avenue and Bancroft Drive, plus the replacement of two 10 foot reinforced concrete box culverts by a triple 8 x 4.5 foot reinforced concrete box culvert on Bancroft Drive at its intersection with Lamar Street, Spring Valley.

ESTIMATED COST: \$290,000
It has been determined that such request for release of funds will not constitute an action significantly affecting the quality of the human environment and, accordingly, the undersigned has decided not to prepare an

LEGAL NOTICES

Environmental Impact Statement under the National Environmental Policy Act of 1969 (PL 91-190). The reasons for such decision not to prepare such Statement are as follows:

1. All proposed earthwork will be confined to areas that have been previously disturbed.
2. No wildlife resources as described in the HUD environmental documentation guidelines (Federal Register, Vol. 40, No. 137) will be impacted.
3. No sites in or eligible for inclusion in the National Register of Historic Places will be impacted.

An Environmental Review Record respecting the within project has been made by the above-named County which documents the environmental review of the project and more fully sets forth the reasons why such Statement is not required. This Environmental Review Record is on file and available for public examination and copying upon request, at Room 136, 9150 Chesapeake Drive, San Diego, CA 92123, between the hours of 9 a.m. and 4 p.m.

No further environmental review of such project is proposed to be conducted, prior to the request for release of Federal funds.

All interested agencies, groups and persons disagreeing with this decision are invited to submit written comments for consideration by the County to the San Diego County Environmental Analysts Division, 9150 Chesapeake Drive, San Diego, CA 92123. Such written comments should be received by the San Diego County Environmental Analysts Division on or before August 1, 1978.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to wit: \$6123.00, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: July 18, 1978
Hartford Escrow Inc., as said Trustee
Pacific Sentinel Corporation, Agent,
By Sue Kelly
Authorized Signature
6600 West Manchester Avenue,
Los Angeles, California 90045.

NOTICE OF FINDING OF NO SIGNIFICANT EFFECT ON THE ENVIRONMENT
Date: July 27, 1978

APPLICANT:
County of San Diego, California
1600 Pacific Highway
San Diego, California 92101
236-3419

TO ALL INTERESTED AGENCIES, GROUPS AND PERSONS:
The above-named County proposed to request the U. S. Department of Housing and Urban Development to release Federal funds under Title I of the Housing and Community Development Act of 1974 (PL 93-383) to be used for the following project: Spring Valley Road Improvements, EAD Log No. 78-BG-4(b).

NATURE OF PROJECT:
1) Troy Street: resurfacing and adding rolled berms and decomposed granite walkways; 2) Bancroft Drive: constructing decomposed granite walkways and rolled berms; 3) Central Avenue: constructing decomposed granite walkways.

PROJECT LOCATION:
1) Troy Street: Between Bancroft Drive and Sweetwater Road.
2) Bancroft Drive: Between Troy and Avenida Streets.
3) Central Avenue: Between Troy Street and Avenida.

ESTIMATED COST:
1) Troy Street: \$27,000
2) Bancroft Drive: \$7,000
3) Central Avenue: \$2,500
It has been determined that such request for release of funds will not constitute an action significantly affecting the quality of the human environment and, accordingly, the above-named County has decided not to prepare an

Environmental Impact Statement under the National Environmental Policy Act of 1969 (PL 91-190). The reasons for such decision not to prepare such Statement are as follows:

1. No sites in or eligible for inclusion in the National Register of Historic Places will be impacted.
2. The proposed project will not result in significant adverse socio-economic impacts such as an aggravation of socioeconomic group distributions within the project area or surrounding areas.
3. The proposed project will not significantly impact on public services (such as sewage disposal, fresh water supply, solid waste disposal, fire protection, or law enforcement) and not unduly contribute to the need to expand or improve such services.

An Environmental Review Record respecting the within project has been made by the above-named County which documents the environmental review of the project and more fully sets forth the reasons why such Statement is not required. This Environmental Review Record is on file and is available for public examination and copying upon request, at Room 136, 9150 Chesapeake Drive, San Diego, Calif., between the hours of 9:00 a.m. and 4:00 p.m.

No further environmental review of such project is proposed to be conducted, prior to the request for release of Federal funds.

All interested agencies, groups and persons disagreeing with this decision are invited to submit written comments for consideration by the County to the San Diego County Environmental Analysts Division, 9150 Chesapeake Drive, San Diego, California 92123. Such written comments should be received by the San Diego County Environmental Analysts Division on or before August 1, 1978.

All such comments so received will be considered and the County will not request the release of Federal funds or take any administrative action on the within project prior to the date specified in the preceding sentence.

CHIEF EXECUTIVE OFFICER OF THE APPLICANT:
The Honorable Lucille Moore
San Diego County Board of Supervisors
1600 Pacific Highway
San Diego, CA 92101

NOTICE OF TRUSTEE'S SALE
No. PSC-3783
On August 24, 1978, at 10:30 A.M., Hartford Escrow Inc., a California corporation, as duly appointed Trustee under and pursuant to a Deed of Trust recorded November 7, 1977, as Instr. No. 1937, in book 1977, page 77-459180, of Official Records in the office of the County Recorder of San Diego County, State of California, will sell at public auction to the highest bidder for CASH (payable at time of sale in lawful money of the United States) at the 220 West Broadway entrance to the San Diego County Administration Center, 9150 Chesapeake Drive, San Diego, State of California, all right, title

LEGAL NOTICES

and interest conveyed to and now held by under said Deed of Trust in the property situated in said County and State described as:

See legal description attached hereto and made a part hereof: The Northern 75 feet of the Southerly 649.15 feet of the Easterly 150 feet of that portion of Lot 13, Rancho Mission of San Diego, in the County of San Diego, State of California, according to Partition Map filed in the office of the Clerk of San Diego County, lying Westerly of the Westerly line of Berry Land, according to Map thereof No. 1753 filed in the office of the County Recorder of San Diego County, April 2, 1923, lying Southerly of the Easterly extension of the Northernly line of that portion of said Lot 13, described in the Map thereof No. 1176 filed in the office of the County Recorder of San Diego County, April 30, 1909, said Northernly 75 feet of the Southerly 649.15 feet of the Easterly 150 feet being measured along the Easterly and Southerly lines of the above described property.

Directions for locating this land may be obtained by sending a request in writing to Mr. and Mrs. Laurence D. Bristley, 4114 Terreno Ct., San Diego, California 92124.

The street address and other common designation, if any, of the real property described above is purported to be Vacant Land, San Diego County, California.

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein.

Said sale will be made, but without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, to wit: \$6123.00, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the Trust.

The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located.

Date: July 18, 1978
Hartford Escrow Inc., as said Trustee
Pacific Sentinel Corporation, Agent,
By Sue Kelly
Authorized Signature
6600 West Manchester Avenue,
Los Angeles, California 90045.

NOTICE OF TRUSTEE'S SALE
No. 175-F
On August 14, 1978, at 10:00 A.M., WESTCOAST TRUST DEED CORP., as Trustee under that Deed of Trust dated March 28, 1977, executed by Mary K. Gordon and recorded April 15, 1977 as File No. 77-138369 of Official Records of San Diego County, California, will sell at public auction to the highest bidder for cash in lawful money of the United States, at the front entrance of WestCoast Trust Deed Corp., 2254 Moore St., Ste. 104 in the City of San Diego, State of California, all right, title and interest conveyed to and now held by it under said Deed of Trust, in that property situated in said County and State, described as:

Lot 12 of HAPPY DALE, in the County of San Diego, State of California, according to Map thereof No. 3401, filed in the office of the County Recorder of San Diego County, March 22, 1956. (more commonly known as 2nd and 3rd Street, El Cajon, California).

Said sale will be made, without covenant or warranty regarding title, possession or encumbrances, to pay the unpaid principal sum of \$15,218.92, plus interest, such as provided in the note secured by said Deed of Trust, plus advances, if any, under the terms of said Deed of Trust, plus fees, charges and expenses of the Trustee.

The Beneficiary under said Deed of Trust has heretofore executed and delivered to said Trustee a written Declaration of Default of the obligations secured by said Deed of Trust, and a written Notice of Default and Election to Sell, which Notice said Trustee has caused to be recorded on April 13, 1978 as File No. 78-145554 of Official Records of said County.

WESTCOAST TRUST DEED CORPORATION, By Doris Holcomb, Trustee's Sale Officer
Lemon Grove Review July 20, 27; August 3, 1978.

NOTICE OF PROPOSED CHANGE OF ZONE BOUNDARIES OR CLASSIFICATION
NOTICE IS HEREBY GIVEN that the Board of Supervisors of the County of San Diego will hold a public hearing on August 2, 1978 at 10:00 a.m. in Room 310, County Administration Center, 1600 Pacific Highway, San Diego, California, to consider the following application of Afaq Ahmad Tiwana: **RECLASSIFICATION R 77-915** about 2.8 acres gross from the A-1(1) Agricultural Zone to the E-1-A Estate Zone, or a more restrictive Zone.

LOCATION: Approximately 500 feet north of Fy Lane at a point about one-half mile east of avocado Boulevard in the Hillsdale Section.

ENVIRONMENTAL STATUS: A Negative Declaration is on file. Further information is available for inspection in Room 306 of said Administration Center; or the Department of Land Use and Environmental Regulation, San Diego County Board of Supervisors, 565-5566.

PORTER D. CREMANS, Clerk of the Board of Supervisors
Spring Valley Bulletin July 27, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9443
The following person is doing business as: Mr. Continental Enterprises at 6867 Imperial Blvd., Lemon Grove, CA, 92045

Ramey H. Quinn
12249 Paradise St.,
San Diego, CA 92114
Signature: Ramey H. Quinn
This statement was filed with the County Clerk of San Diego County on July 13, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9156
The following person is doing business as: Grand Automotive Repair at 825 Grand Ave., Spring Valley, CA, 92077

James R. Utech, 327 Encinitas Ave., San Diego, CA, 92114
This business is conducted by an individual.

Signature: James R. Utech
This statement was filed with the County Clerk of San Diego County on July 3, 1978.
Statement Expires Dec. 31, 1983
Spring Valley Bulletin, July 13, 20, 27; August 3, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9335
The following person is doing business as: C. J. Machine at 10431 Prospect, Building C, Santee, Calif. 92071

John Peter Corrao, 7673 Circle Drive, Lemon Grove, CA, 92045
This business is conducted by an individual.

Signature: John Peter Corrao (owner)
This statement was filed with the County Clerk of San Diego County on July 6, 1978.
Statement Expires Dec. 31, 1983
Lemon Grove Review July 13, 20, 27; August 3, 1978.

NOTICE TO CONTRACTORS INVITING BIDS
The Board of Supervisors invites sealed bids for: **CONSTRUCTION OF BOX CULVERT: W. O. N. 1C8053**

Sealed bids will be received at the Office of the Clerk of the Board of Supervisors, Room 306, County Administration Center, 1600 Pacific Highway, San Diego, California 92101, until 2:00 p.m. on Aug. 10, 1978, at which time they will be publicly opened and read aloud at said office.

Estimate of the work is as follows:
Item No. Quantity
1. Lump Sum Trench Safety and Shoring of Excavations
2. Lump Sum Shoring & Bracing for Detour
3. Lump Sum Bridge Removal
4. Lump Sum Cleaning & Grouting
5. 135 C.Y. Unclassified Excavation
6. 600 C.Y. Import Borrow
7. 531 C.Y. Structural Excavation
8. 211 C.Y. Structural Backfill
9. 172 C.Y. Class Concrete Reinforced Concrete Box Culvert

10. 204 C.Y. Class 3 Aggregate Base
11. 230 Ton Asphalt Concrete
12. 14 C.Y. Place Asphalt Concrete (Misc. Area)
13. 326 L.F. Place Asphalt Concrete Dike (Type A)
14. 42" Corrugated Steel Pipe (.079" thick)
15. 110 L.F. 36" C.S.P. (.079" thick)
16. 225 L.F. Temporary 24" Corrugated Steel Pipe (.079" thick)

17. 200 L.F. Temporary Concrete Barrier (Type K)
18. 47 L.F. Railing (Type C)
19. 214 L.F. Metal Beam Guard Railing
20. 39 L.F. Temporary Railing (Type H)
21. 2 Each Cable Anchor Assembly (Type A)
22. 2 Each Terminal Section (Type A)
23. 13 C.Y. Rock Slope Protection (1 ton Sackcloth)
24. 5 C.Y. Finishing Roadway
25. Lump Sum Temporary Railing (Type M)

Dork to be done consists in general of constructing a single box culvert, grade, placing rock slope protection, installation of metal railing and various other miscellaneous items.

Contract documents, including Plans and Specifications, may be examined and/or purchased for the sum of \$8.45 (including tax) per set at the County of San Diego, Operations Center, Building 2, Information Center, 5555 Overland Ave., San Diego, CA 92123. Make checks payable to County of San Diego. Refund will be made only if made within a 30 mile radius of the County Operations Center and at an additional cost of \$3.00 per set of documents.

The Standard Specifications of the county Department of Transportation dated August 1978, Parts 2, 3, and 4 of the Standard Specifications for Public Works Construction (1978 Edition) together constitute the Standard Specifications for this contract.

Copies of the County Standard Specifications may be obtained, at cost, from the Office of the Director of Transportation, County Operations Center, Copies of the California Standard Specifications are available for reference at the Office of the Director of Transportation of San Diego County, or may be purchased from the California Department of Transportation, District 11, 2829 Juan Street, San Diego, CA 92110. The County Publication "Equipment Rental Rates" 1978 Edition, (available on request) is incorporated by reference into the contract documents.

Bid Security shall accompany the bid in the form of a certified or cashier's check, or a Bid Bond for ten percent of the bid amount. The successful bidder will be required to furnish a Payment Bond for fifty percent, and a Performance Bond for one hundred percent of the contract amount.

Wage Rates: The Board of Supervisors of the County of San Diego has obtained from the Director of the Department of Industrial Relations said Director's determination of the general prevailing rate for holiday and overtime work for the locality in which the work is to be performed. Said determination (1978 Edition) is on file, and copies are available to any interested party in the Office of the Clerk of the Board of Supervisors, Room 306, 1600 Pacific Highway, San Diego, CA 92101.

These rates shall be paid to all workers employed on the project. Award will be made only to a contractor who is licensed under Chapter 9, Division 3 of the Business and Professions Code and to whom Contract Documents have been issued at the County Operations Center. Contractors bidding on this project must at the time of bidding, be licensed as General Engineering Construction. Classification "A". Each bid must be submitted in a sealed envelope bearing on the outside the name of the bidder, his address, the name of the project for which the bid is submitted and the appropriate State Contractor's License designation held by the bidder. If forwarded by mail, the sealed envelope containing the bid must be closed in another envelope addressed to the Clerk of the Board.

Trench Safety is provided for in accordance with Section 6707 of the California Labor Code. These contract documents contain a bid item for the protection of workers in open excavations.

The Board reserves the right to reject any or all bids and to waive any informality or irregularity in the bids or bidding.
Withdrawal of bids shall not be permitted for a period of seventy-five (75) days after the date set for the opening thereof.
Additional bidding information is contained in the portion of the contract documents titled "Information for Bidders Regarding Preparation of Proposals".
PORTER D. CREMANS, CLERK OF THE BOARD OF SUPERVISORS OF THE COUNTY OF SAN DIEGO
Spring Valley Bulletin July 27 and August 3, 1978.

LEGAL NOTICES

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9465
The following person is doing business as: THE PLANT WAGON at 9241 Via Collina, La Mesa, CA 92041

J. E. Peever, 9241 Via Collina, La Mesa, CA 92041
This business is conducted by an individual.

Signature: J. E. Peever
This statement was filed with the County Clerk of San Diego County on July 10, 1978.
Statement expires Dec. 31, 1983.
Lemon Grove Review July 13, 20, 27; August 3, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9407
The following persons are doing business as: T.R.S. (Technicians Refrigeration Service) at 6995 Mt. Vernon, Lemon Grove, CA, 92045

Kathy Gagnon, 6995 Mt. Vernon, Lemon Grove, CA, 92045
This business is conducted by an individual.

Signature: Alfred R. Gagnon
This statement was filed with the County Clerk of San Diego County on July 7, 1978.
Statement Expires Dec. 31, 1983
Lemon Grove Review July 13, 20, 27; August 3, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9156
The following person is doing business as: Grand Automotive Repair at 825 Grand Ave., Spring Valley, CA, 92077

James R. Utech, 327 Encinitas Ave., San Diego, CA, 92114
This business is conducted by an individual.

Signature: James R. Utech
This statement was filed with the County Clerk of San Diego County on July 3, 1978.
Statement Expires Dec. 31, 1983
Spring Valley Bulletin, July 13, 20, 27; August 3, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9335
The following person is doing business as: C. J. Machine at 10431 Prospect, Building C, Santee, Calif. 92071

John Peter Corrao, 7673 Circle Drive, Lemon Grove, CA, 92045
This business is conducted by an individual.

Signature: John Peter Corrao (owner)
This statement was filed with the County Clerk of San Diego County on July 6, 1978.
Statement Expires Dec. 31, 1983
Lemon Grove Review July 13, 20, 27; August 3, 1978.

NOTICE TO CREDITORS
Hearing Date: No. 117561
Superior Court of the State of California, for the County of San Diego

In the Matter of the Estate of CHARLES MARTIN THEIL aka CHARLES M. THEIL, Deceased.
Notice is hereby given to creditors having claims against the said decedent to file said claims in the office of the clerk of the aforesaid court or to present them to the undersigned at the office of Mulder, Nemser, Horwick & Haddad, 7970 Broadway, Lemon Grove, CA 92045, which latter office is the place of business of the undersigned in all matters pertaining to said estate. Such claims with the necessary vouchers must be filed or presented as aforesaid within four months after the first publication of this notice.

Dated July 3, 1978.
Doris T. Slemasz
Executor of the will of said decedent.
MULDER, NEMSER, HORWICK & HADDAD
Attorney-at-Law
7970 Broadway
Lemon Grove, CA 92045
(714) 442-2200
R 32077, Lemon Grove Review, July 6, 13, 20, 27, 1978.

FICTITIOUS BUSINESS NAME STATEMENT
Assigned File No. 78 9466
The following persons are doing business as: VICTOR'S INTERNATIONAL RESTAURANT at 8131 Broadway, Lemon Grove, Calif. 92045

Victor Minicola, 3670 College Ave., San Diego, Calif. 92115
Heidi Minicola, 3670 College Ave., San Diego, Calif. 92115
This business is conducted by an individual.

Signature: Heidi Minicola
This statement was filed with the County Clerk of San Diego County on July 10, 1978.
Statement expires Dec. 31, 1983.
530-7240 Lemon Grove Review, July 13, 20, 27; August 3, 1978.

NOTICE TO BIDDERS
The Grossmont Union High School District will receive bids on Miscellaneous Supplies and Equipment for:

Automotive, Building Materials, Books and Book Binding, Periodicals and Library, Cafeteria and Home Economics, Carpentry, Custodial, Electrical, Flexible Scheduling, Fuel Oil, Furniture, Gardening & Grounds, Hardware, Health Services, Industrial Arts, Instructional, Laundry Service, Liquid Petroleum Gas, Lock-

ers, Maintenance Service on Electric Typewriters & Office Machines, Musical and Musical Instruments, Office Machines, Other Maintenance Services, Printing, Rental of Office Machines & Equipment for Office & Instructional Purposes, Sale of Surplus Office & School Equipment, Tires and Tire Recapping, Tire Leasing, Trailer Towing, Transportation, Uniforms, Band & Choir.

Each bid shall be submitted on a form obtained at the Purchasing Department of said District located at 1100 Murray Drive, El Cajon, California; (mailing address: P.O. Box 1043, La Mesa, California 92041); shall be sealed and filed in said Purchasing Department on or before 2:00 P.M. on August 4, 1978.

and will be publicly opened and read aloud at that time and place. The Grossmont Union High School District reserves the right to reject any one or more items of a bid or to waive any irregularities or informalities in the bids or in the bidding.

Affirmative Action Policy: The Affirmative Action Policy adopted by the

Ask Your C.H.P.



C.H.P. Capt. C. M. Douglas

Last time Capt. Douglas discussed traffic enforcement changes in the City of Lemon Grove.

If you have a question, no matter how insignificant it may appear to you, ask it. It could save your life—or at least save you a citation.

Address your questions to this newspaper and allow several weeks for your question to appear.

This week's question:
"I realize that the law governing U-turns was changed a couple of years ago. Could you tell me where U-turns are illegal?"

- Capt. Douglas' answer:**
U-turns are illegal when:
1. Prohibited by sign;
 2. When made in a business district where there is no opening provided in the center;
 3. When made in a residential district when any other vehicle is approaching in either direction within 200 feet;
 4. When made in front of the driveway entrance or approaches to a fire station and
 5. When made on any highway where the driver does not have an unobstructed view for 200 feet in either direction.

Law Program Aids New Bar Members

Lemon Grove resident Roland C. Colton and Spring Valley residents Nichols A. Loto, Jr., Linda E. Boehlhauf and Carroll D. Clark, who passed the 1978 Spring General Bar Examination, were among the newly admitted attorneys in San Diego County invited to participate in the 20th semi-annual orientation program held by the judges of the San Diego Municipal and Superior Courts.

The July 6 program featured presentations by several judges on a variety of court-related subjects. The first session of the program was held December 19, 1958, at which time four new attorneys were present.

'Wetland' Protection Purpose of Lawsuit

Three environmental organizations have filed suit in federal court in an effort to stop construction of a port terminal on the Wando River near Charleston, South Carolina.

The National Wildlife Federation, its affiliate South Carolina Wildlife Federation, and the Save The Wando Association charge that the South Carolina Ports Authority project would endanger 10,000 acres of "highly productive" wetlands which now serve as "essential habitat" for commercially-harvested fish and shellfish as well as migratory birds and other wildlife.

The suit asks the U.S. District Court in Washington, D.C., to revoke a permit for the terminal issued by the Army Corps of Engineers last November. The Corps, according to the suit, violated the National Environmental Policy Act (NEPA) and its own regulations in issuing the permit.

The permit application of the Ports Authority and the environmental impact statement prepared by the Corps of Engineers were inadequate, the suit contends, because they failed to develop "reasonable alternatives," failed to consider secondary impacts of this and other projects on the area's wetlands, and failed to consider secondary impacts, such as industrial and commercial development that would follow the opening of a new port.

The Wando is the only undeveloped major tributary—including the Ashley and Cooper Rivers—of the Charleston Harbor estuary.

Oil, Gas, Coal Exploration Can Be Risky Investments

Promises of rich returns and tax breaks have lured many to invest in oil, gas, and coal exploration. But, even under the most carefully controlled conditions, there are risks involved in these investments.

A new booklet from the Securities and Exchange Commission warns consumers that this type of investment may be significantly different from common stock. For example, in some cases you may be liable for losses even beyond your original investment. But, most oil, gas and coal investment opportunities while involving varying degrees of risks to the investor, are legitimate in their conception.

To learn more about your rights and responsibilities be-

fore you invest, send for "Investing in Oil, Gas and Coal." It's free from the Consumer Information Center, Dept. 687F, Pueblo, Colorado 81009.

In a recent case investigated by the Securities and Exchange Commission, one promoter used exaggerated claims to sell over \$1.4 million worth of abandoned wells. In another case, a group of ninety unsuspecting investors lost \$6 million by investing on the basis of only a map of potential drilling sites and a list of estimated drilling costs.

Other cases showed that promoters used investors' funds for lavish vacations. Claims have been made for "sure-fire" scientific equipment or psychic information, and there was even a promise that you could finance a college education on the profits from a \$500 investment!

How can you avoid these deceptions? Watch out for "boiler room" sales techniques. Salespeople in rooms full of telephones barrage consumers with unsolicited calls.

Some salespeople lack sufficient knowledge to fully inform you; others deliberately mislead you. They'll often minimize the risks involved, even tell you that the Securities and Exchange Commission has approved the offering (something never done). Many claim that a well known energy company is about to jump in, so you'll have to hurry before all investment positions are gone.

What to do? First, be wary of unsolicited phone calls. Be hesitant if you're asked to send money directly in the mail. Resist pressures to rush to a decision. Ask for proof in writing of all claims and representations, and learn the background of those involved in the venture. Read and understand all statements and literature; ask if you don't understand something.

Here are some important questions to ask: How did you get my name? Is the offering filed with the Securities and Exchange Commission or State Securities Commission? (If so, get a copy.)

Also, ask for an independent geological report, then seek the advice of an independent geologist, petroleum engineer, or someone else experienced in energy investments.

Littering Leaves State A Mess

Summertime weekend outings and vacations trips add to the amount of litter along California's highways, on beaches and in parks and other recreation areas. All too often, the wrappings from a take-out lunch, garbage from last night's camp-out dinner, beverage containers and hundreds of other assorted items of trash and garbage will be left behind, or tossed from an automobile.

The California Anti-Litter League (C.A.L.L.) reminds that litter is not only unsightly, defacing the environment, but it is also dangerous. Litter on beaches and in parks can cause serious injuries. And, litter along a highway can cause an injury or damage to your car.

C.A.L.L. urges all Californians to carry and use a car litter bag. If your car isn't equipped with a litter bag, a plastic garbage bag or grocery shopping bag can be carried in the car to collect trash and garbage. When emptying litter bags at a roadside trash can, make certain all litter goes inside the can. Better yet, wait until you get home, picking out recyclable materials, and depositing the remainder with the home trash and garbage.

Kids Eat More Junk Food In Summer, Nutritionist Says

These may be the lazy, hazy days of summer, but they're also the days when youngsters sometimes forget to eat as nutritiously as they should.

Ann Coulston, a registered dietitian at the Children's Hospital of Los Angeles, notes that most children receive approximately one-third of their nutrient and caloric needs during the winter months by eating lunches prepared at school. "Many youngsters have a tendency to eat junk foods and this tendency is heightened during the summer," Coulston said. "This is because most children go on vacations, play more and are generally on the go more. And this can easily lead to eating the wrong kinds of foods."

But parents can help their children to feel well and stay fit all summer long by providing them with meals that are easy to prepare, that taste good and that are nutritious.

The vast majority of nutritionists agree that the simplest and best way to eat nutritiously is to use the four food group system of eating. The system was developed by nutritionists with the U.S. Department of Agriculture to help consumers meet recommended dietary allowances established by the Food and Nutrition Board of the National Academy of Sciences.

Groups within the four food group system are milk, meat, vegetables and fruits, and breads and cereals.

To get the right nutrients daily, adults need to eat two servings from the milk and meat groups, and four servings each from the vegetables and fruits and breads and cereals groups. The same formula holds true for children and teenagers, except that children and teenagers need to increase their daily milk servings to three and four, respectively.

"Many persons, and not just children, have a tendency to drink lots of high-sugar drinks during the summer months," nutritionist Coulston said. "They'd be much better off drinking cold milk or cold fruit juices. And there's certainly

nothing wrong with water, either."

Coulston noted that there is a wide variety of fruits available during the summer months. "Items like cherries, peaches, plums, apricots, pears and cantaloupes are all in season and most children like them," she said.

She added that another summertime favorite, watermelon, is nutritious and at least moderately high in vitamin C content.

A typical lunch for a child (as well as an adult) that would be nutritious and easy to prepare, Coulston said, would include a cold sandwich with a slice of meat and a slice of cheese, a wedge of cantaloupe and a cold glass of milk. Older children would probably want two sandwiches, she added.



'LEMON GROVE POLICE' — It may say "County of San Diego" on the door, but it also says "City of Lemon Grove" on the new, all-white sheriff's patrol cars used to provide traffic control and other law enforcement to the city under an approximate \$427,000 contract for 1978-79. Deputy A. G. Kneeshaw shows off his car here.

Navy Employees Get Recognition

41 Naval Air Rework Facility, Naval Air Station, North Island, employees received letters in May signed by the President of the United States, Jimmy Carter. The letters were in recognition of employees who submitted beneficial suggestions which resulted in savings of \$5,000 or more.

The letter read: "Your contribution to the improvement of government operations was brought to my attention recently. I want you to know how much I appreciate your interest and your efforts. Our country is a great country due to the achievements of citizens at all levels of our society. If we are to succeed in improving the quality and performance of our government, cooperation and support such as you have extended are needed from each and every public employee."

Honorees were Robert D. Laska of the Quality and Reliability Assurance Department; Robert W. Davis, Eugene R. Debates and Floyd Maxwell of the Production Planning and Control Department; Daniel C. Biehler, Joseph Divona, J. Gordon Fautack, Charles A. Hoffmocker, John K. Kesner, Richard M. Mahon, Bob G. Lanier, Romeo L. Lecuyer, Juan Pena, and lino, Robert Williams, Kenneth A. Calvier, George A.

Day, Paul W. Welch, Fritz W. Hunter, Arthur O. Ziebell, Mabel W. Andrews, and Melton C. Stafford of the Production Department.

Vincent L. Young of the Production Engineering Department; Terry Fry, Thomas P. Gaudet, Charles L. Holder, Ronald E. Petranek, Richard P. Alcala, Ralph W. Crist, Paul L. Hewey, Kenneth W. Wilson, Joseph Garcia, Gerald E. Ferraro, Jr., Earl K. Hays, John M. Pendleton, Robert M. Roark, Jr., Cecil G. Selvig, Kenneth A. Polesky, Harold L. Swails, Agustin Montoya, Lavelle Naulls, Antonio A. Sau-

SV Teacher Participant In Solar Energy Program

Leroy T. Deise of Spring Valley, a science teacher at Crawford High School, is one of 25 educators from across the nation who took part in a science program at SDSU this summer.

Teachers spent 2 weeks in a workshop on solar energy funded by a grant from the U.S. Department of Energy.

Teachers are expected to interest students in solar energy by starting courses or units in their schools.

Veterans' Relatives May Get Benefits

Most people who have served in the armed forces know that they have certain rights as veterans. But if you are or were married to a veteran or are the child of a veteran, you may also have veteran's rights.

To help everyone learn about their rights, the Veterans Administration has published a booklet called "Federal Benefits for Veterans and Dependents" that summarizes the benefits available as of Jan. 1, 1978. For your copy send \$1 to the Consumer Information Center, Dept. 029F, Pueblo, Colorado 81009.

The GI Bill for education is one of those benefits that most veterans know about. Veterans with more than 180 days of active duty may not know, however, that they only have 10 years after their release from the service in which to use this eligibility.

But you are also entitled to veterans benefits if you are the spouse or widow or widower of a veteran whose death or permanent and total disability is a result of service in the armed forces or if your husband or wife is missing in action or a prisoner of war. Children of these veterans are also entitled to educational benefits while they are between the ages of 18 and 26.

Generally for spouses, the educational entitlement extends for ten years from the

time the veteran was determined to be disabled or from the date of death or from the time the service person is listed as missing or imprisoned. Children's eligibility is to age 26 no matter the length of time.

Spouses of disabled veterans or widowed spouses are also entitled to VA home loans. And by the way, veterans might also have more entitlement for their home loans since the maximum entitlement increased to \$17,500 as of Jan. 1, 1975. And if you have sold a house you bought with a VA loan to another veteran who buys VA, your entitlement is restored to the full amount.

Edward R. Morrow Speaking

To be persuasive, we must be believable; to be believable, we must be credible; to be credible we must be truthful.

— Edward R. Morrow

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Owner-Operator
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Space 'Mag'

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Bridge Schedul

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